

Morning Has Broken

COPPER KNOB
STEPPERS

拍数: 90 墙数: 2 级数: High Intermediate waltz
编舞者: Maria Tao (USA) - June 2015
音乐: Morning Has Broken - Cat Stevens : (Album: The Very Best Of Cat Stevens)



Intro: 27 counts

[1-6] CROSS, SIDE ROCK, RECOVER, CROSS, POINT, HOLD

1-3 Cross left over right, rock right to right, recover onto left
4-6 Cross right over left, point left to left, hold

[7-12] BEHIND, SIDE ROCK, RECOVER, BACK, SWEEP ½ TURN L

1-3 Cross left behind right, rock right to right, recover onto left
4-6 Step right back, sweep left round making ½ turn L (over 2 counts) [6:00]

[13-18] BEHIND, BALL CROSS, SIDE, DRAG, TOUCH

1-3 Cross step left behind right, step ball of right slightly back, cross left over right
4-6 Big step right to right, drag left towards right, touch left beside right

[19-24] ¾ TURN L, BACK, BACK, DRAG

1-3 ¼ turn L stepping left forward, ½ turn L stepping right back, step left back [9:00]
4-6 Big step right back, drag left towards right (over 2 counts)

[25-30] STEP FWD, ¼ TURN L, HOLD, MONTEREY ½ TURN R, HOLD

1-3 Step left forward, ¼ turn L pointing right to right side, hold [6:00]
4-6 ½ turn R stepping right beside left, point left to left side, hold [12:00]

[31-36] ¼ TURN L, STEP FWD, PIVOT ¼ TURN L, R TWINKLE

1-3 ¼ turn L stepping left forward, step right forward, pivot ¼ turn L [6:00]
4-6 Cross right over left, step left to left, step right in place

[37-42] CROSS, HITCH, HOLD, BACK, HOOK, HOLD

1-3 Cross left over right (facing right diagonal), hitch right knee, hold
4-6 Step right back, hook left over right, hold

[43-48] CROSS, SWEEP, CROSS, ½ TURN R

1-3 Cross left over right, sweep right back to front (over 2 counts)
4-6 Cross right over left, ¼ turn R stepping left back, ¼ turn R stepping right to right [12:00]

[49-54] CROSS, HITCH, HOLD, BACK, HOOK, HOLD

1-3 Cross left over right (facing right diagonal), hitch right knee, hold
4-6 Step right back, hook left over right, hold

[55-60] CROSS, SWEEP, CROSS, ¾ TURN R

1-3 Cross left over right, sweep right back to front (over 2 counts)
4-6 Cross right over left, ¼ turn R stepping left back, ½ turn R stepping right forward [9:00]

[61-66] STEP FWD, LIFT, KICK, BACK, ½ TURN L, STEP FWD

1-3 Step left forward, lift right knee, kick right forward
4-6 Step right back, ½ turn L stepping left forward, step right forward [3:00]

[67-72] STEP FWD, LIFT, KICK, BACK, ¼ TURN L, CROSS

1-3 Step left forward, lift right knee, kick right forward

4-6 Step right back, ¼ turn L stepping left to left, cross right over left [12:00]

[73-78] SIDE, BACK ROCK, RECOVER, SIDE, BACK ROCK, RECOVER

1-3 Step left to left, rock right back, recover onto left

4-6 Step right to right, rock left back, recover onto right

[79-84] ¼ TURN L WALTZ BASIC FWD, ¼ TURN L WALTZ BASIC BACK

1-3 ¼ turn L stepping left forward, step right beside left, step left in place [9:00]

4-6 Step right back, ¼ turn L stepping left beside right, step right in place [6:00]

[85-90] STEP FWD, BACK HOOK, HOLD, STEP BACK, POINT, HOLD

1-3 Step left forward, hook right behind left, hold

4-6 Big step right back, point left to left side, hold [6:00]

START AGAIN !

TAG # 1: Add 9 counts at the end of WALL 2 (facing 12:00)

1-3 Cross left over right, step right to right, step left in place (L twinkle)

4-6 Cross right over left, step left to left, step right in place (R twinkle)

7-9 Rock left forward, recover onto right, drag left towards right

TAG # 2: Add 3 counts at the end of WALL 3 (facing 6:00)

1-3 Drag left towards right, touch left beside right, hold

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