Besito



拍数: 32 墙数: 4 级数: Improver

编舞者: Vivienne Scott (CAN) - May 2015

音乐: Dame un Besito (feat. Chino & Nacho) - Fainal



Intro: 32 counts

[1-8]□SIDE, BEHIND & CROSS, SIDE, BEHIND & CROSS, SIDE ROCK

1-2&3 Step right heel to right side. Cross left behind right. Step right to right side. Cross left over

right.

4-5&6 Step right to right side. Cross left behind right. Step right to right side. Cross left over right.

7-8 Rock right to right side. Recover onto left.

[9-16]□BEHIND & CROSS, HEEL GRIND 1/4 TURN, COASTER STEP, FORWARD ROCK

1&2 Cross right behind left. Step left to left side. Cross right over left.

3-4 Touch left heel forward. With weight on left grind 1/4 turn left stepping right slightly back and

to the right.

Step back on left. Step right beside left. Step forward on left.

7-8 Rock forward on right. Recover on left.

[17-24] SHUFFLE BACK, TOUCH BEHIND, UNWIND 1/2 TURN, RIGHT SAMBA, LEFT SAMBA

1-2 Shuffle back stepping right-left-right3-4 Touch left behind right. Unwind 1/2 left.

Cross right over left and slightly forward. Rock left to left side. Recover onto right.
Cross left over right and slightly forward. Rock right to right side. Recover onto left.

[25-32] HEEL SWITCHES, STEP BACK, TOUCH, HOLD, OUT-OUT, IN-IN, KNEE ROLLS

1&2 Touch right heel forward. Step right beside left. Touch left heel forward.

&3-4 Step left long step back. Drag/Touch right beside left. Hold.

&5&6 Step right out to right side. Step left out to left side. Step right to place. Step left beside right.

(Easier Option: 5-6 Sway right. Sway left.)

7-8 Roll right knee clockwise. Roll left knee anticlockwise.

Ending: The dance ends facing back wall, turn 1/2 right to 12 o'clock, step forward on right and pose!

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