

A Good Hearted Woman

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Susanne Oates (UK) - May 2015
音乐: Good Hearted Woman (feat. Toby Keith) (Live) - Willie Nelson : (CD: Stars and Guitars Live - iTunes)



#16 Count Intro. 105BPM

Versions of this song also available by Waylon Jennings and Deana Carter
Dance to the end and you will finish facing front on 27/28, Step. Touch.

HEEL FORWARD, TOE BACK, SHUFFLE, HEEL FORWARD, TOE BACK, SHUFFLE.

1 2 Touch right heel forward. Touch right toe back.
3 & 4 Step right forward. Close left beside right. Step right forward.
5 6 Touch left heel forward. Touch left toe back.
7 & 8 Step left forward. Close right beside left. Step left forward.

FORWARD ROCK, COASTER, PIVOT 1/8 RIGHT TURN, PIVOT 1/8 RIGHT TURN.

9 10 Rock forward on right. Recover onto left.
11 & 12 Step right back. Step left beside right. Step right forward.
13 14 Step left forward. Pivot 1/8 right turn.
15 16 Step left forward. Pivot 1/8 right turn. (3 o'clock)

CROSS, SIDE, SAILOR, CROSS, TURN ¼ RIGHT TURN, BACK SHUFFLE.

17 18 Cross left over right. Step right to right side.
19 & 20 Step left behind right. Step right beside left. Step left to left side.
21 22 Cross right over left. Turn ¼ right turn, stepping left back. (6 o'clock)
23 & 24 Step right back. Close left beside right. Step right back.

BACK ROCK, STEP, TOUCH, STEP, TOUCH, TOE SWITCHES.

25 26 Rock back on left. Recover onto right.
27 28 Step left forward. Touch right toe to right side.
29 30 Step right forward. Touch left toe to left side.
&31 & 32 Step left beside right. Touch right to right side. Step right beside left. Touch left to left.

STEP TOGETHER, PIVOT ¼ LEFT TURN, KICK, BALL, CHANGE, ROCK, TRIPLE ¾ TURN.

&33 34 Step left beside right. Step right forward. Pivot ¼ left turn. (3o'clock)
35 & 36 Kick right forward. Step ball of right beside left. Step left in place.
37 38 Rock forward on right. Recover onto left.
39 & 40 Turn ¾ right turn, stepping right, left, right. (12 o'clock)

SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE, CROSS.

41 42 Rock left to left side. Recover onto right.
43 & 44 Step left behind right. Step right to right side. Step left across right.
45 46 Rock right to right side. Recover onto left.
47 & 48 Step right behind left. Step left to left side. Step right across left.

SIDE, BEHIND, CHASSE ¼ LEFT TURN, PIVOT ¼ LEFT TURN, CROSS SHUFFLE.

49 50 Step left to left side. Step right behind left.
51 & 52 Step left to left side. Step right beside left. Turn ¼ left turn, stepping left forward.
53 54 Step right forward. Pivot ¼ left turn. (6o'clock)
55 & 56 Step right across left. Step left to left side. Step right across left.

BOX TURN ¾ RIGHT, FORWARD ROCK, SHUFFLE ½ LEFT TURN.

57 58 Step left to left side. Turn ¼ right turn, stepping right to right side.
59 60 Turn ¼ right turn, stepping left to left side. Turn ¼ right, stepping right to right side.(3o'clock)
61 62 Rock forward on left. Recover onto right.
63 & 64 Turn ½ left turn, stepping left forward. Close right beside left. Step left forward. (9o'clock)

START AGAIN
