

Good Morning Beautiful

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Angie Leyland (UK) - June 2015
音乐: Good Morning Beautiful (2015 Version) - Nathan Carter : (Album: Beautiful Life - Deluxe)



(Start just before Nathan sings 'Good Morning') (No Tags or Restarts)

Sec 1: □SKATE, SKATE, RIGHT LOCK RIGHT FORWARD

1, 2, 3&4 Skate forward R,L, R fwd Lock L behind R, Step fwd R

ROCK FWD, ROCK BACK ½ TURN SHUFFLE

5, 6, 7&8 Rock fwd L, Back R, ½ turn back shuffle L,R,L (now facing 6'oclock)

Sec 2: ROCK & CROSS, ROCK & CROSS

1&2, 3&4 Rock out R & cross over L, Rock out L & cross over R

ROCK FWD, ROCK BACK ¾ TURN SHUFFLE

5, 6, 7&8 Rock fwd R, Back L, ¾ turn back shuffle R,L,R (now facing 3 o'clock)

Sec 3: SWAY, SWAY, 1/4 STEP, LOCK ,STEP

1,2, 3&4 Sway hips L, then R, ¼ turn L, lock R behind L, step forward L (now facing 12 o'clock)

ROCK FWD, ROCK BACK FULL TURN SHUFFLE□

5, 6, 7&8 Rock fwd R, Rock, Back L, full turn back shuffle R,L,R (now facing 12 o'clock)

Sec 4: □SWAY, SWAY 1/4 COASTER STEP WITH ATTITUDE

1,2, 3&4 Sway hips L, then R, ¼ turn sweeping L behind R step back R, step forward L (now 9 o'clock)

ROCK & 1/4 TURN, STEP PIVOT STEP□ □□

5&6, 7&8 Rock fwd R, & step back L make ¼ turn on R (12 o'clock) Step forward L, pivot ½ turn R.
step forward L (ending up facing 6 o' clock)

A slow dance with plenty of style

Miles of Smiles - Angie

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