

Crikey

拍数: 68 墙数: 2 级数: Intermediate
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音乐: Follow You Home - Kasey Chambers



Intro: □16 counts (8 seconds)□

[1-8]□ROCK, COASTER, ROCK AND ½ TURN, ROCK AND ¾ TURN

1-2 rock forward right, recover weight onto left
3&4 step back on right & step left next to right & step forward right
5-6 rock forward left, recover weight onto right
&7 turn ½ to the left on right foot & rock forward left heel
8& recover weight on right foot & turn ¾ to the left on right foot

[9-16]□STEP, ROCK, TURN, STEP AND SPIN (TWICE)

1 step forward on left
2-3 rock forward right, recover weight onto left
&4 turn ½ to the right on left & step forward right
5-6 step forward left, spin right on left and recover on right
7-8 step forward left, spin right on left and recover on right

[17-24]□ROCK, COASTER CROSS, TWO STEP VINE, STEP HEEL, STEP CROSS

1-2 rock forward left, recover weight onto right
3&4 step back on left & step right next to left & cross left over right
5-6 step right right, cross left behind right
&7 step right back & touch left heel out diagonal to left side
&8 step left back & cross right over left

[25-32]□SIDE ROCK ¾ PIVOT, SHUFFLE LEFT, RIGHT SAILOR, LEFT SAILOR ¼ TURN

1&2 rock side left & recover weight onto right & turn ¾ to the right on right foot
3&4 shuffle left-right-left
5&6 step right behind left & step left to left & step right to right diagonal
7&8 step left behind right turning left ¼ & step right to right & step left to left diagonal

[33-40]□TOE HEEL TOUCH X 2, JUMPING DIAGONAL ROCK STEP

1-2 touch right toe behind left, turn ½ right on left and touch right heel forward
&3-4 switch on right foot & touch left toe beside right, turn ½ left on right and touch left heel forward
5 recover on left foot and scuff right beside left
6-7 jumping cross right over left, step left to place and kick right forward
8 jumping step back right to place and kick left forward

[41-48]□(JUMPING) RIGHT VAUDEVILLE, LEFT VAUDEVILLE, LEFT CROSS SHUFFLE, SWITCHING HEELS

1&2 jumping cross left over right & step right back & touch left heel out diagonal to left side
&3 jumping step left to place & cross right over left
&4 jumping step left back & touch right heel out diagonal to right side
&5 jumping step right to place & cross left over right
&6 jumping step right to place & cross left over right
&7 jumping step right back & touch left heel out diagonal to left side
&8 jumping step left back & touch right heel out diagonal to right side

[49-56] □ ROCK, COASTER, STEP TURN, WALK TWICE

&1-2 jumping step right back & rock forward left, recover weight onto right
3&4 step back on left & step right next to left & step forward left
5-6 step right forward, turn ½ left
7-8 walk forward right, walk forward left

[57-64] □ ROCK, COASTER, STOMP (TWICE), SWIVET RIGHT, SWIVET LEFT

1-2 rock forward right, recover weight onto left
3&4 step back on right & step left next to right & step forward right
5-6 stomp left, stomp right beside left
&7 twist right toe to right and left heel to left & return to place
&8 twist left toe to left and right heel to right & return to place

[65-68] □ APPLEJACKS RIGHT-LEFT x 2

&1 twist right toe to right, left heel to right & recover back to centre
&2 twist right heel to left, left toe to left & recover back to centre
&3&4 repeat &1&2

REPEAT

INTRO:

1-8 Shuffle forward right, shuffle forward left, step turn, spin
1-16 Repeat 1-8

RESTART: After 56 counts on 3th repetition

FINAL: End last repetition with three applejacks (right-left) instead of two, then

1-2 rock forward right, recover weight onto left
3&4 step back on right & step left next to right & step forward right
5-6 rock forward left, recover weight onto right
7-8 ½ turn to the left on right foot, ½ turn to the left on left foot

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