

Erase My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Hayley Wheatley (UK) - November 2014
音乐: Where Are You Now - Union J



Intro:- 32 counts

STEP FWD, POINT, STEP BACK, KICK SIDE, STEP BEHIND, ¼ TURN, STEP FWD, PIVOT ½ TURN

1-2 Step fwd on left foot, Point right toe to right side
3-4 Step back on right foot, kick left foot out to left side
5-6 Step left foot behind right, step right foot to right side making ¼ turn right [3:00]
7-8 Step fwd on left foot, pivot ½ turn right [9:00]

SHUFFLE FWD, STEP FWD, CROSS, STEP BACK, SIDE, CROSS SHUFFLE

1 &2 Step fwd on left foot, step right foot next to left, step fwd on left foot
3-4 Step fwd on right foot, cross left foot over right
5-6 Step back on right foot, step left foot to left side
7&8 Cross step right foot over left, step left foot to left side, Cross step right foot over left

SIDE SHUFFLE, BACK ROCK, RECOVER, WEAVE RIGHT

1&2 Step left foot to left side, step right foot next to left, Step left foot to left side
3-4 Rock right foot behind left, Recover onto left foot
5-6 Step right foot to right side, step left foot behind right
7-8 Step right foot to right side, step left foot across right

SIDE ROCK, RECOVER, FORWARD ROCK, RECOVER, TOUCH R BACK, UNWIND ½, WALK FORWARD LEFT, RIGHT

1 -2 Rock right foot to right side, recover onto left
3-4 Rock forward onto right foot, recover onto left
5-6 Touch right toe behind left, unwind ½ right (weight on R) [3:00]
7-8 Walk forward on the left foot, walk forward on the right foot

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