

Turn The Beat Up

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Maddison Glover (AUS) - May 2015
音乐: I Don't Like It, I Love It (feat. Robin Thicke & Verdine White) - Flo Rida



Begin dance after count 16

Walk backwards x2, 2x R heel bounces, Walk backwards x2, 2x L heel bounces.

1,2,3&4 Step R back, step L back, step back on R as you bounce R heel down, raise R heel up, lower R heel to ground.

5,6,7&8 Step L back, step R back, step back on L as you bounce L heel down, raise L heel up, lower L heel to ground.

(Option- When walking back roll shoulders eg; Step R back as you roll R shoulder back)

¼ Side, Touch, ¼ Fwd, Touch (Repeat 4 counts)

1,2,3,4 Turn ¼ R stepping R to R side, touch L together, turn ¼ L stepping L fwd, touch R together

5,6,7,8 Turn ¼ R stepping R to R side, touch L together, turn ¼ L stepping L fwd, touch R together
12:00

Vine, Vine ¼

1,2,3,4 Step R to R side, step L behind, step R to R side, touch L together

5,6,7,8 Step L to L side, step R behind L, turn ¼ L stepping L fwd, touch R together 9:00

Touch fwd/diagonal, Touch together, Large step, Touch (repeat 4 counts on opposite foot)

1,2,3,4 Touch R fwd onto R diagonal, touch R together, large step R to R (whilst dragging L towards R), touch L beside R.

5,6,7,8 Touch L fwd onto L diagonal, touch L together, large step L to L (whilst dragging R towards L), touch R beside L.

This dance was choreographed as a split floor for Ria Vos' intermediate hit 'I Love It'.

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