In My Head

拍数: 32   **墙数:** 4   **级数:** Improver

编舞者: Nathan Gardiner (SCO) - May 2015

音乐: In My Head - Jason Derulo

Intro: 16 counts start on vocals

SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK BACK, RECOVER, KICK BALL CROSS

1-2&3	Step right to right side, Step left behind right, Step right to right side, Cross step left over right
4-5-6	Step right to right side, Rock back on left, Recover on right
7&8	Kick left foot to left diagonal, Step ball of left next to right, Cross step right over left

SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK BACK, RECOVER, KICK BALL CROSS

1-2&3	Step left to left side, Step right behind left, Step left to left side, Cross step right over left
4-5-6	Step left to left side, Rock back on right, Recover on left
7&8	Kick right foot to right diagonal, Step ball of right next to left, Cross step left over right

ROCKING CHAIR, STEP 1/2 LEFT, SHUFFLE FORWARD

1-2	Rock forward on right, Recover on left
3-4	Rock back on right, Recover on left
5-6	Step forward on right, Turn 1/2 left
7&8	Step forward on right, Step left next to right, Step forward on right

ROCKING CHAIR, STEP 1/4 RIGHT, CROSS SHUFFLE

1-2	Rock forward on left, Recover on right
3-4	Rock back on left, Recover on right
5-6	Step forward on left, Turn 1/4 right
7&8	Cross step left over right, Step right to right side, Cross step left over right

Restart: On wall 4 dance the first 16 counts then restart the dance

Start Again......................................Happy Dancing

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