

Happiness (開心舞動) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 牆数: 4 級数: High Beginner
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音乐: Happiness - Alexis Jordan : (iTunes)



Intro : 32 Count (Approx. 17 Seconds Into Track)

SECTION 1 [1 - 8]: STEP,HITCH,STEP,POINT X 2

1-2 Step Rf to right(1),Hitching Lf Knee up over Rf(2)(12:00)
3 - 4 Step Lf beside Rf(3), Point Rf to right (4)
5 6 7 8 Repeat 1 2 3 4 (12:00)

1-2 右足右踏(1), 左足點右斜抬膝(2)
3 - 4 左足回踏右足旁(3), 右足右側點(4)
5 6 7 8 重複 1 2 3 4

SECTION 2 [9 - 16] : STEP,TOGETHER X4

1 - 2 Step Rf to right & hip up to left(1) , Step Lf beside Rf & hip down (2)(12:00)
3-4, 5-6, 7-8 Repeat 1 - 2

1-2 右足右側踏 往上推左臀(1), 左足併右足旁(2)
3-4 , 5-6 , 7-8 重複 1 - 2

SECTION 3 [17 - 24]: TURN 1/4 LEFT JUMP , TOUCH X4

1 & 2 Turn 1/4 left Rf slightly jump (1)(9:00),Touch Lf beside Rf(&),Touch Lf beside Rf (2)(9:00)
3 & 4 Turn 1/4 left Lf slightly jump (3)(6:00), Touch Rf beside Lf (&),Touch Rf beside Lf (4)(6:00)
5 & 6 Turn 1/4 left Rf slightly jump (5)(9:00), Touch Lf beside R (&),Touch Lf beside R (6) (3:00)
7 & 8 Turn 1/4 left Lf slightly jump (7)(12:00), Touch Rf beside Lf (&)Touch Rf beside Lf (8)(12:00)

1 & 2 左轉1/4右足輕跳(1)(9:00), 左足點右足旁(&), 左足原地點(2)(9:00)
3 & 4 左轉1/4左足輕跳(3)(6:00), 右足點左足旁(&), 右足原地點(4)(6:00)
5 & 6 左轉1/4右足輕跳(5)(3:00), 左足點右足旁(&), 左足原地點(6)(3:00)
7 & 8 左轉1/4左足輕跳(7)(12:00), 右足點左足旁(&), 右足原地點(8)(12:00)

SECTION 4 [25 - 32]: TURN 1/4 LEFT STEP , TOUCH , BACK , TOUCH , TURN 1/4 RIGHT , STEP , TOUCH , STEP , TOUCH

1-2 Turn 1/4 left Step Rf forward(1)(9:00),Touch Lf beside Rf (2)(9:00)
3-4 Turn 1/4 right Lf back (3)(12:00) , Touch Rf beside Lf (4)
5-6 Turn 1/4 right step Rf right side (5)(3:00) , Touch Lf beside Rf
7 - 8 Step Lf to left(7), Touch Rf beside Lf (8)(3:00)

1 - 2 左轉1/4右足前踏(1), 左足尖點右足旁(2)(9:00)
3 - 4 右轉1/4 左足退(3)(12:00), 右足尖點左足旁 (4)
5 - 6 右轉1/4右足右側踏(5)(3:00), 左足尖點右足旁
7 - 8 左足左側踏(7), 右足尖點左足旁 (8)(3:00)

Restart: during Wall 5 after sec.3 facing 12 o'clock start again

中段重頭:

第五牆(12:00)跳至第24拍結束(12:00), 重頭跳起。

Note : Hand movements refer to the demo

說明 : 手部動作請參閱我們的演示

Have fun!!! Happy Dance

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