

I Got Fire

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - May 2015
音乐: Fire Under My Feet - Leona Lewis



Intro: 16 counts.

S1: Walk x 2, Forward Lock Step, Syncopated Rocking Chair x 2.

1 2 Walk forward on R, L.
3 & 4 Step forward on R. Lock step L behind R. Step forward on R.
5& 6& Rock forward on L. Recover on R. Rock back on L. Recover on R.
7 & 8 Rock forward on L. Recover on R. Step back on L.

S2: Walk Back x 2, Sailor Step 1/4 Turn Right, Ball Step, Cross Step, Side Rock & Cross.

1 2 Walk back on R, L.
3 & 4 Cross step R behind L. Turn 1/4 right stepping L in place. Step R to right side. 3:00
& 5 6 Step L next to R. Step R to right side. Cross step L over R.
7 & 8 Rock out on R to right side. Recover on to L. Cross step R over L.

S3: Turn 1/4 Left, Step 1/2 Turn Left Step, Step Forward, Step Right, Behind, 3/4 Turning Lock Step Right.

1 2& 3 Turn 1/4 left stepping forward on L. Step forward on R. Pivot 1/2 turn left. Step forward on R.
4 5 6 Step forward on L. Step out on R to right side. Cross step L behind R.
7 & 8 Turn 1/4 right step forward on R. Turn 1/4 right lock step L behind R. Turn 1/4 right stepping forward on R

S4: Step, Turn 1/2 Left, Shuffle 1/2 Turn Left, Kick & Rock Step, Kick & Rock Step.

1 2 Step forward on L. Turn 1/2 left stepping back on R.
3 & 4 Shuffle 1/2 turn left on L, R, L. 3:00
5& 6& Low kick R to right diagonal. Step down on R. Rock back on L. Recover on to R.
7 & 8& Low kick L to left diagonal. Step down on L. Rock back on R. Recover on to L.

S5: Heel Switches & Step Right, Hitch Ball Cross, Step left, Sway Right, Left.

1& 2& Dig R heel forward. Step R in place. Dig L heel forward. Step L in place.
3 4 Long step on R to right side. Hitch L knee up and across L.
& 5 6 Step down on L. Cross step R over L. Step L to left side.
7 8 Sway R. sway L.

S6: Heel Switches & Rock Forward, Recover, Back Lock Step, Touch Back, Reverse 1/2 Turn Left.

1& 2& Dig R heel forward. Step R in place. Dig L heel forward. Step L in place.
3 4 Rock forward on R. Recover on to L.
5 & 6 Step back on R. Lock step L over R. Step back on R.
7 8 Touch L toe back. Reverse 1/2 turn L. (Restart from here during wall 2 & 4). 9:00

S7: Jazzbox With 1/4 Turn Left, Monterey 1/4 Turn Right, Side Switches Left & Right

1 - 4 Cross step R over L. Turn 1/4 left stepping left & slightly back on L. Step R to right side. Step L forward.
5 6 Point R toe out to right side. Pivot 1/4 turn right stepping R next to L. 9:00
7 & 8& Point L out to left side. Step L next to R. Point R out to right side. Step R next to L.

S8: Rock Forward, Recover, Full Turn Turning Lock Step, Step Right, Coaster Step.

1 2 Rock forward on L. Recover on to R.
3 & 4 Turn 1/2 left stepping forward on L. Lock step R behind L. Turn 1/4 left stepping forward on L.
& 5 6 Lock step R behind L. Turn 1/4 left stepping forward on L. Step R to right side. 9:00

7 & 8 Step back on L. Step R next to L. Step forward on L.

Start Again.

RESTARTS: there are 2 Restarts:-

Restart after count 48 during wall 2 facing 6 o'clock.

Restart after count 48 during wall 4 facing 12 o'clock

Ending: On count 47 turn 1/2 left stepping forward on L. Sweep R round 1/2 turn left to face 12 o'clock.
