

# The Triple "W" (aka Wicked Woman's Wiggle)

**COPPER**KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Easy Intermediate  
编舞者: Gloria Johnson (USA) - April 2015  
音乐: Gotta Get Me One of Them - Soul Circus Cowboys



Begin on the lyrics.

## S1: RIGHT SIDE-SHUFFLE, ROCK-STEP, LEFT SIDE SHUFFLE, ROCK-STEP

1&2                      Step RIGHT to right side; Step LEFT together; Step RIGHT to right side;  
3,4                      Rock LEFT back; Recover forward onto RIGHT;  
5&6                      Step LEFT to left side; Step RIGHT together; Step LEFT to left side;  
7,8                      Rock RIGHT back; Recover forward onto LEFT.

## S2: BUMPS AND GRINDS

1,2                      Leaning right, bump hips right twice;  
3,4                      Leaning left, bump hips left twice;  
5-8                      Move hips in circular motion WITH LOTS OF ATTITUDE!

## S3: SHUFFLE, SHUFFLE, 1/2 TURN SHUFFLE BACK, SHUFFLE BACK

1&2                      Step RIGHT forward; Step LEFT together; Step RIGHT forward;  
3&4                      Step LEFT forward; Step RIGHT together; Step LEFT forward;  
5&6                      Turning 1/2 left, step RIGHT back; Step LEFT together; Step RIGHT back;  
7&8                      Step LEFT back; Step RIGHT together; Step LEFT back.

**NOTE: Take small steps to avoid traveling a longer distance.**

**If the dance floor is large enough, take bigger steps to cover more of the floor.**

## S4: BUMPS AND GRINDS

1,2                      Leaning right, bump hips right twice;  
3,4                      Leaning left, bump hips left twice;  
5-8                      Move hips in circular motion WITH LOTS OF ATTITUDE!

## S5: RIGHT SIDE-SHUFFLE, ROCK-STEP, LEFT SIDE SHUFFLE, 1/4 TURN ROCK-STEP

1&2                      Step RIGHT to right side; Step LEFT together; Step RIGHT to right side;  
3,4                      Rock LEFT back; Recover forward onto RIGHT;  
5&6                      Step LEFT to left side; Step RIGHT together; Step LEFT to left side;  
7,8                      Turning 1/4 right, rock RIGHT back; Recover forward onto LEFT.

## S6: BUMPS AND GRINDS

1,2                      Leaning right, bump hips right twice;  
3,4                      Leaning left, bump hips left twice;  
5-8                      Move hips in circular motion WITH LOTS OF ATTITUDE!

**BEGIN DANCE AGAIN**

**Choreographer Contact Information:**

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