

Hold Me In Your Arms

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Marie Sørensen (TUR) - May 2015
音乐: Hold Me In Your Arms - Brad Paisley : (Album: Mud On The Tires -
www.amazon.com)



Intro: 32 Counts - No tags or restart !

S1: CHASSE, BACK ROCK, RECOVER, CHASSE 1/4 TURN RIGHT, BACK ROCK, RECOVER

1&2 Step right to the right side, step left next to right, step right to right side
3-4 Back rock left, recover
5&6 1/4 turn right, step left to left side, step right next to left, step left to left side
7-8 Back rock right, recover (03:00)

S2: ROCKIN` CHAIR, KICKBALL POINT TWICE

1 2 Rock fwd. right, recover
3-4 Rock back right, recover
5&6 Kick right fwd. step right in place, point left to left side
7&8 Kick left fwd. step left in place, point right to right side (03:00)

S3: ROCKIN` CHAIR, JAZZBOX 1/4 TURN, CROSS

1 2 Rock fwd. right, recover
3-4 Rock back right, recover
5-6 Cross right over left, step back on left
7-8 1/4 turn right, step right to the right side, cross left over right (06:00)

S4: CHASSE, BACK ROCK, RECOVER, SIDE, HOLD, TOGETHER, SIDE, CROSS

1&2 Step right to the right side, step left next to right, step right to right side
3-4 Back rock left, recover
5-6 Step left to the left side, hold (Weight on left)
7-8 Step right next to left, step left to left side, cross right over left (06:00)

S5: POINT, TOUCH, POINT, HOLD, BALL CHANGE, POINT, TOUCH, POINT, HOLD

1-2 Point left to left side, touch left beside right
3-4 Point left to left side, hold
&5-6 Step left next to right, point right to right side, touch right beside left
7-8 Point right to right side, hold (06.00)

S6: TOGETHER, BACK ROCK, RECOVER, STEP, 1/2 TURN, COASTER STEP, STEP, 1/2 TURN

&1-2 Step right in place, back rock left, recover
3-4 Step fwd. left, 1/2 turn left, step back on right (12:00)
5&6 Step back on left, step right next to left, step fwd. on left
7-8 Step fwd. on right, 1/2 turn right, step back on left (06.00)

S7: LOCK STEP BACK, BACK ROCK, RECOVER, STEP, HOLD, BALL CHANGE, SCUFF

1&2 Step back on right, lock left in front of right, step back on right
3-4 Back rock left, recover
5-6 Step fwd. left, hold (Weight on left)
7-8 Step right next to left, step fwd. on left, scuff right (06:00)

S8: 1/8 PADDLE TURNS TWICE, JAZZ BOX, CROSS

1-2 Step fwd. on right, make 1/8 turn left
3-4 Step fwd. on right, make 1/8 turn left
5-6 Cross right over left, step back on left
7-8 Step right beside left, cross left over right (03:00)

NOTE: This dance is specially dedicated to HAPPY BOOTS 22 in Lannion/France

Have Fun!

Contact ~ Marie: sunshinecowgirl1960@gmail.com
