

Bird On A Wire

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Heather Barton (SCO) - May 2015
音乐: Bird On a Wire - Katey Sagal & The Forest Rangers : (Album: Sons Of Anarchy - iTunes)



Intro... 48 count approx. Start on vocals... see note at bottom...

[1-6] □ Cross L, ¼ Left, ½ Left, Basic R Forward

1-2-3 Cross Left over Right, ¼ left step back Right, ½ left stepping fwd Left
4-5-6 Step fwd Right, step Left next to Right, step Right together [3 o'c]

[7-12] □ Basic L Back Diagonal Left, Basic R Forward Diagonal Left

1-2-3 1/8 turn to left corner stepping back left, step Right next to Left, step Left together [1 o'c]
4-5-6 ¼ turn left step fwd on Right, step Left next to Right, step Right together [11 o'c]

[13-18] □ Step Back Left, 3/8 Turn Left Point R to Side, Hold, 1 & ¼ Turn Right,

1-2-3 Step Left back, 3/8 turn left on ball of Left foot, point Right to right side, hold [6 o'c] *****
4-5-6 ¼ right step fwd on Right, ½ right step back on Left, ½ right step fwd on Right [9 o'c]

[19-24] □ Lunge Left Fwd Recover Step, Basic Back R

1-2-3 Lunge fwd on Left, recover to Right, step Left next to Right
4-5-6 Step back on Right, step Left next to Right, step right together [9 o'c]

[25-30] □ Travelling Fwd Slightly, Cross Step L, Side Rock R, Cross Step R, Side Rock L

1-2-3 Cross Left over Right, side rock Right, recover to Left
4-5-6 Cross Right over Left, side rock Left, recover to Right [9 o'c]

[31-36] □ Sweep Left ½ Sailor Left , Step Fwd Right, Point Left, Hold

1-2-3 Sweeping Left behind right ½ turn left, step Left behind Right, Step Right to Right, Step Left to left
4-5-6 Step fwd on Right, point Left to left, hold [3 o'c]

[37-42] □ Behind side cross, Step Right, Drag Left, Touch,

1-2-3 Step Left behind Right, step right to right, cross step Left over Right
4-5-6 Long step Right to right side, Drag Left to Right, Touch Left next to Right [3 o'c]

[43-48] □ ¼ Left, ½ Left, Back, Basic R Back

1-2-3 ¼ left stepping fwd on Left, ½ left stepping back on Right, step Left next to Right
4-5-6 Step back on Right, Step Left next to Right, Step Right together [6 o'c]

Happy Dancinghcbootleggers26@aol.com..... 07825046783 xxxx

The count in is bit difficult to hear its approx. 37sec ... Start on vocals LIKE A BIRD ...

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