

# It's Out Of My Hands

COPPER KNOB  
BY STEPHEN

拍数: 34      墙数: 4      级数: Intermediate  
编舞者: Hazel Pace (UK) - May 2015  
音乐: It's Out of My Hands - David Kersh : (iTunes)



Intro: 16 Counts, Just before vocals. - 2 Easy restarts.

[1 – 8] □ Stride Left, Rock Recover Side, Behind Side Cross, & Cross, Side Rock Recover Cross.

- 1                    Stride left to left side dragging right towards left.
- 2 & 3                Rock right behind left, recover on left, right to right side.
- 4 & 5                Step left behind right, right to right side, cross left over right.
- &6                    Step right to right side, cross left over right.
- 7 & 8                Rock right to right side, recover on left, cross right over left.

[9 – 16] □ & Behind Side Cross, Side Rock Recover Cross, Rock Recover 1/4 Left, Cross Side Behind.

- &1&2                Step left to left side, right behind left, left to left side, cross right over left.
- 3 & 4                Rock left to left side, recover on right, cross left over right.
- 5 – 6                Rock right to right side, make 1/4 turn left rocking weight onto left. (9.00).
- 7 & 8                Cross right over left, left to left side, right behind left.

(Counts 15 – 18 circular movement).

[17 – 24] Sweep Left Behind Side Cross, & Rock Recover, & Rock Recover, 1/4 Right, Rock 1/2 Right.

- &1&2                Sweep left round behind right, step left behind right, right to right side, cross left over right.
- &3 – 4                Small step right on right, cross rock left over right, recover on right. (Facing right diagonal).
- &5 – 6                Small step left on left, cross rock right over left, recover on left. (Facing left diagonal).
- &7 – 8                Make 1/4 turn right stepping forward on right, rock forward on left making 1/2 turn right, recover on right. (6.00).

Restarts. Walls 3 & 6).

[25 – 34] Left Shuffle, Rock Recover 1/2 Left, 1/4 Left Side Behind Side, Cross Rock Recover, & Cross, Side Together.

- 1 & 2                Step forward on left, right beside left, forward on left.
- 3 – 4                Make 1/4 turn left rocking right to right side, recover onto left making 1/4 turn left. (12.00).
- 5 & 6                Make 1/4 turn left stepping right to right side, left behind right, right to right side. (9.00).
- 7 – 8                Cross rock left over right, recover on right.
- &1                    Step back on left, cross right over left.
- 2&                    Step left to left side, right beside left.

Start Again.

\*2 Easy Restarts. Walls 3 – 6 (12.00). After Count 24

Ending: □ Dance up to count 18 facing 3.00 unwind 3/4 turn right to front.

Contact ~ Email – [hazel.pace@sky.com](mailto:hazel.pace@sky.com) - [www.hazelandrolys.com](http://www.hazelandrolys.com) - 01538 360886 - Mobile 07807 914674