

The Heartbeat Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Beatrice Andersson (SWE) - May 2015
音乐: Heartbeat Song - Kelly Clarkson



Intro: 36 counts

S1: Step turn step, Hold, Triple full turn fwd, Hold

1-4 Step forward on R , Turn $\frac{1}{2}$ to left , Step forward on R , Hold .

5-8 Turn $\frac{1}{2}$ stepping back on L , Turn $\frac{1}{2}$ stepping forward on R , Step forward on L, Hold . (6)

S2: Mambo step, Hold, Coaster step, Hold

1-4 Rock forward on R, Recover onto L, Step R beside L, Hold.

5-8 Step back on L, Step R beside L, Step forward on L, Hold. (6)

S3: Lockstep R fwd, Scuff, Lockstep L fwd, Scuff

1-4 Step forward on R, Lock L behind R, Step forward on R, Scuff Lfoot.

5-8 Step forward on L, Lock R behind L, Step forward on L, Scuff R foot. (6)

S4: Toe strut x2, Monterey R, Monterey $\frac{1}{4}$

1-4 Step forward on R toe, Drop R heel, Step forward on L toe, Drop L heel.

5-8 Point R to right side, Step R beside L, Turn $\frac{1}{4}$ right and point L to left side, Step L beside R.
(9)

Tag after wall 10:

1-4 Step forward on R, Turn $\frac{1}{4}$ to left, Step forward on R, Turn $\frac{1}{4}$ to left.

Start the dance from the top again.

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