

Low Down Jawjuh Daince

拍数: 32 墙数: 4 级数: Beginner
编舞者: Helaine Norman (USA) - May 2015
音乐: Friends In Low Places - Garth Brooks



Music: (or any country song of choice without Tags)

Begin on words: "...cause I got friends in low places."

I. VINE WITH TOUCH, BACK COASTER STEP, HEEL AND HEEL

1-4 Step right side(1), L behind(2), right side(3), touch L beside(4)
5&6 Step L back(5), R in place(&), L forward(6)
7&8 Place R heel forward(7), step R in place (&), place L heel forward(8)

Option instead of the "Heel and Heel" with count of 7&8: Dancers who are not ready for so much syncopation throughout the dance may opt for Step Hell for a count of 7 8.

II. ¼ TURN VINE WITH TOUCH, BACK COASTER STEP, HEEL AND HEEL

1-4 Step left side(1), R behind(2), step L ¼ turn(3), touch R beside(4)
5&6 Step R back(5), L in place(&), R forward(6)
7&8 Place L heel forward(7), step L in place(&), place R heel forward(8)

Option instead of the "Heel and Heel" with count of 7&8: Dancers who are not ready for so much syncopation throughout the dance may opt for Step Hell for a count of 7 8.

III. ROCK RECOVER, TRIPLE STEP, ¼ TURN, ¼ TURN

1-2 Rock R back, recover L
3&4 Triple step forward RLR
5-8 ¼ turn right LR, ¼ turn right LR

IV. ROCK RECOVER, BACK COASTER STEP, TWO HEEL SWITCHES, HOOK or HITCH

1-2 Rock L forward(1), recover R(2)
3&4 Step L back(3), R in place(&), L forward(4)
5&6 Place R heel forward(5), step R in place(&), L heel forward(6)
&7-8 L heel in place(&), R heel forward(7), hook R or hitch R(8)

Start dance again.

Last Update - 24th Sept 2017