Cha Cha Bitch



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Eugene Walls (USA) - May 2015

音乐: Cha Cha Bitch - AB Soto: (Album: Mr. Soto)



NOTE:

- □8-count Tag after wall 1
- •□Restart after 32 counts (replacing touch for step) on wall 3 and wall 5
- •□On final wall (wall 10), dance ends after 32 counts. Replace &8 with Step back on L with quarter turn L and touch R.
- ☐ The sequence of the dance is 48-8-48-32-48-32-48-48-48-32

Intro – 16 Counts (from first heavy beat)

[1-8] Walk, Walk Mambo Step; Back, Back Mambo Step

1-2	Step R forward (1), Step L forward (2) swaying hips [12:00]
3&4	Step R forward (3), Rock back on L (&), Step R beside L (4)

5-6 Step L back (5), Step R back (6) swaying hips

7&8 Step L back (7), Rock forward on R (&), Step L beside R (8)

[9-16] Side Hold &, Triple Step; Side Hold &, Triple Step

1-2&	Step R to R side pushing hip R (1), Hold (2), Recover to L (&)
3&4	Step R, (3), Step L (&), Step R (4) swaying hips R-L-R
5-6&	Step L to L side pushing hip L (5), Hold (6), Recover to R (&)
7&8	Step L, (7), Step R, (&), Step L (8) swaying hips L-R-L

[17-24] Rock Recover, Triple Half X2, Coaster Step

1-2	Rock R forward (1), Recover L (2) [12:00]
3&4	Triple R (3) L (&) R (4) while turning ½ turn [6:00]
5&6	Triple L (5) R (&) L (6) while turning ½ turn [12:00]
7&8	Step R back (7), Step L back (&), Step R forward (8)

[25-32] Partially Syncopated V step, ½ pivot, Partially Syncopated V step

1-2	Step L forward and out (1), Step R forward and out (2) [12:00]
&3	Step L back and in (&), Step R back and in (3)
4-5	Step L forward (4), Pivot ½ clockwise (5)
6-7	Step L forward and out (6), Step R forward and out (7) [6:00]
&8	Step L back and in (&), Step R back and in (8)

NOTE: RESTARTS DURING WALLS 3 & 5 START HERE. END WITH A TOUCH OF THE RIGHT FOOT RATHER THAN A STEP.

NOTE: FINAL WALL (WALL 10) Replace &8 with

&8 Step L back with quarter turn L [12:00] and touch R next to left.

[33-40] Samba step X2, Cross, Turn, Rock and Cross with Turn

1&2	Step L across R (1), Step R to R side (&), Step L in place (2) [6:00]
3&4	Step R across L (3), Step L to L side (&), Step R in place (4)
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5 Step L across R (5)

6 Step R back while turning ¼ to L (counterclockwise) (6) [3:00]

7&8 Rock L to left side turning ¼ to L (counterclockwise (7) [12:00], Recover R (&), Cross L over

R (8)

[41-48] Turn 1/4, Turn 1/2, Triple half, Touch Unwind, Syncopated Out Out, Hold

1	Step R back while turning 1/4 to L (counterclockwise) (1) [9:00]
2	Step L forward while turning ½ to L (counterclockwise) (2) [3:00]
3&4	Triple R (3) L (&) R (4) while turning ½ to R (counterclockwise) [9:00]

5 Step L behind R (5)

6 Unwind ½ turn to L (counterclockwise) ending weight on L [3:00]

&7 Step R forward and out (&), Step L forward and out (7)

8 Hold

[TAG IMMEDIATELY FOLLOWING WALL 1] Half pivot chase X2, Syncopated Out Out, Hold

1&2	Step R forward (1),	Pivot ½ turn counterclockwise	e (&), Step R forward (2) [9:00]
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3&4 Step L forward (3), Pivot ½ turn clockwise (&), Step L forward (4) [3:00]

5 Step R back turning ½ counterclockwise (5) [9:00] 6 Step L forward turning ½ counterclockwise (6) [3:00] 87 Step R forward and out (&), Step L forward and out (7)

8 Hold

[ALTERNATE TAG FOLLOWING WALL 1 (for those who prefer not to turn)] Mambo Forward, Mambo Back, Walk Walk, Rock Recover, Syncopated Out Out, Hold

1&2 Step R forward (1), Rock back on L (&), Step R beside L (2) [3:00] 3&4 Step L back (3), Rock forward on R (&), Step L beside R (4)

5-6 Walk R forward (5), Walk L forward (6)

&7 Step R forward and out (&), Step L forward and out (7)

8 Hold

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Last Update – 12th May, 2015