

Bing, Bang, Bong!

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Dave Morgan (UK) - May 2015
音乐: Bing! Bang! Bong! - Sophia Loren : (iTunes)



Intro: Start on vocals.

[1-8] SIDE TOGETHER, SIDE TOUCH. SIDE TOGETHER SIDE TOUCH.

1-2 Step right to right side. Step left beside right.
3-4 Step right to right side. Touch left beside right.
5-6 Step left to left side. Step right beside left.
7-8 Step left to left side. Touch right beside left.

[9-16] OUT, IN, HEEL, TOGETHER, ROCK, RECOVER, CROSS.

9-10 Point right to right side. Touch right beside left.
11-12 Place right heel forward. Step right beside left.
13-14 Rock left to left side. Recover on right.
15-16 Cross left over right. Hold.

[17-24] SIDE TOGETHER FORWARD, SIDE TOGETHER ¼.

17-18 Step right to right side. Step left beside right.
19-20 Step right forward. Hold.
21-22 Step left to left side. Step right beside left.
23-24 Make ¼ turn left stepping on left. Hold. (9.00)

[25-32] MAMBO FORWARD, BACK, BACK, ½ TURN

25-26 Rock forward on right. Recover on left.
27-28 Step right beside left. Hold.
29-30 Step back left. Step back right.
31-32 Make ½ turn left stepping on left. Hold. (3.00)

#12 COUNT TAG AFTER WALLS 1, 2 & 8.

SCISSOR STEP, CROSS, HOLD. SCISSOR STEP, CROSS, HOLD. POINT, HOLD. TOUCH, HOLD.

1-2 Step right to right side. Step left beside right.
3-4 Cross right over left. Hold.
5-6 Step left to let side. Step right beside left.
7-8 Cross left over right. Hold.
9-10 Point right to right side. Hold.
11-12 Touch right beside left. Hold.

NOTE TO INSTRUCTORS.

After the Third Repetition the music goes out of phrase, but it does kick back in at the end of wall 7.

HAPPY DANCING!
