

# West Party (牛仔狂歡) (zh)

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Adriano Castagnoli (IT) - 2010年06月  
音乐: Let's Talk About Love - Jessie Farrell



前奏: Start dancing on lyrics 唱歌起跳

**第一段 Scoot (Twice), Cross Right And Back (Twice), Turn ¼ Left And Rock Back Right 單腳跳(兩次), 右交叉後跳(兩次), 左1/4後下沉 回復**

- 1-2 Jumping left forward and leg right up (twice)  
左足單腳跳右腿上抬(兩次)
- 3-4 Jumping cross right over left, jumping left back  
右足於左足前交叉跳, 左足後跳
- 5-6 Jumping cross right over left, jumping left back  
右足於左足前交叉跳, 左足後跳
- 7-8 Turning ¼ left and rock back right, return left  
左轉90度右足後下沉, 左足回復

**第二段 Toes Struts With Full Turn Left, Rock Forward Right And Back 趾踵轉, 趾踵轉, 下沉 回復, 後下沉 回復**

- 1-2 Step right forward toe, turning ½ left drop heel taking weight  
右足趾前點, 左轉180度右足踵踏
- 3-4 Step left back toe, turning ½ left drop heel left  
左足趾後點, 左轉180度左足踵踏
- 5-6 Rock right forward heel, return left  
右足前下沉, 左足回復
- 7-8 Rock right back, return left  
右足後下沉, 左足回復

**第三段 Jumping Cross Right And Left Turning ¾ To Left, Stomp Right (Twice) 左3/4交叉跳 回復, 踢, 交叉, 踢, 左3/4, 重踏二次**

- 1-2 Starting turn ¾ left jumping cross right over left, return left to place 左轉270度右足於左足前交叉跳, 左足回復
- 3-4 Step right to place and kick left forward, cross left over right  
右足踏左足前踢, 左足於右足前交叉踏
- 5-6 Return right to place and kick left forward, finish turn ¾ left step left to place  
右足踏左足前踢, 左轉270度左足踏
- 7-8 Stomp right, stomp right forward with toe a little to right  
右足重踏, 右足重踏(右足趾略前點)

**第四段 Swivel Right, Hold, Swivel Heel-Toe Right, Stomp Up Right 右足右旋轉, 候, 右足左轉回, 重踏二次**

- 1-2 Right heel to right, right toe to right  
右足踵轉向右, 右足趾轉向右
- 3-4 Right heel to right, hold  
右足踵轉向右, 候
- 5-6 Right heel to left, right toe to left  
右足踵轉向左, 右足趾轉向左
- 7-8 Stomp right a little forward(no weight) (twice)  
右足略前重踏二次

**第五段 Lock Forward Right, Hold, Pivot ½ Right, Step Left Forward, Jump Back**  
**前鎖步 候, 踏 轉 踏 後跳**

- 1-2 Step right forward, lock left behind right  
右足前踏, 左足於右足後鎖踏
- 3-4 Step right forward, hold  
右足前踏, 候
- 5-6 Step left forward, pivot turn ½ right  
左足前踏, 右軸轉180度
- 7-8 Step left forward (weight on it), jump right back  
左足前踏, 右足後跳

**第六段 Grapevine Left, Scuff, Scoot (Twice), Stomp, Hold**  
**左藤步帶擦踢併踏, 單腳跳二次, 重踏, 候**

- 1-2 Step left heel to left, cross right behind left  
左足踵左踏, 右足於左足後交叉踏
- 3-4 Step left to side, scuff right beside left  
左足左踏, 右足擦踢併踏
- 5-6 Jump left forward (twice) while hitching other knee make with right (hook, kick, flick back up)  
左足前跳二次(右膝勾, 踢, 後抬)
- 7-8 Stomp right forward, hold  
右足前重踏, 候

**第七段 Point Left Forward And Back, Hold, Rock Back Right, Stomp, Hold**  
**前點, 候, 後點, 候, 下沉 回復 重踏 候**

- 1-2 Point left toe forward, hold  
左足趾前點, 候
- 3-4 With circular movement point left toe back, hold  
左足趾繞向後, 候
- 5-6 Taking weight on left rock back right, return left  
(重心放左足)右足後下沉, 左足回復
- 7-8 Stomp right forward, hold 右足前重踏, 候

**第八段 Kick, Stomp, Kick, Stomp, Jump Left Back, Brush Back Right, Slap, Scuff**  
**踢, 重踏, 踢, 重踏, 後踏, 刷, 拍踵, 擦踢**

- 1-2 Kick left forward, stomp left 左足前踢, 左足重踏
- 3-4 Kick left to side, stomp left 左足左踢, 左足重踏
- 5-6 Jump left back and kick right forward, brush ball of right back beside left 左足後跳右足前踢, 右足刷併踏
- 7-8 Slap left right back heel, scuff right beside left  
左手拍右後踵, 右足擦併踏

**RESTART:** When dancing to “Let’s Talk About Love” by Jessie Farrell, restart after 32 counts of the 3rd wall  
“Let’s Talk About Love”的減拍：第三面牆跳至第四段後, 從頭起跳

**TAG:** When dancing to “Let’s Talk About Love” by Jessie Farrell, after 32 count of the 6th wall  
“Let’s Talk About Love”的加拍：第六面牆跳至第四段加12拍後, 從頭起跳

- 1-4 Stomp left forward, hold, hold, hold  
左足前重踏, 候, 候, 候
- 5-8 Kick right forward, hold, cross right over left, turn ½ left to place  
右足前踢, 候, 右足於左足前交叉踏, 左轉180度左足踏
- 1-4 Stomp right together, hold, hold, hold  
右足併重踏, 候, 候, 候

**TAG:** When dancing to “Big Shot” by Jason Meadows, after 2nd repetition  
“Big Shot”的加拍：第二面牆結束時

- 1-2 Kick right forward, hook right over left  
右足前踢, 右足於左足前勾

3-4 Kick right forward, stomp right 右足前踢, 右足重踏

5-6 Kick left forward, hook left over right  
左足前踢, 左足於右足前勾

7-8 Kick left forward, stomp left 左足前踢, 左足重踏

**RESTART:** When dancing to "Big Shot" by Jason Meadows, restart After 44 count of the 5th wall "Big Shot"的減拍：  
在第五面牆跳到第六段的第4拍後，從頭起跳

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