

Why Don't We Just Dance (來跳個舞吧!) (zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - 2009年08月
音乐: Why Don't We Just Dance - Josh Turner : (CD: Haywire)



前奏 : Start 16 counts after the heavy beat kicks in

第一段 **R Side Together, R Kick Ball Cross, R Side Together, R Kick Ball Cross**
側踏併, 踢交換交叉, 側踏併, 踢交換交叉

1-2 Step R side, step L together 右足右踏, 左足併踏

3&4 Kick R forward, step R back, cross step L over R
右足前踢, 右足後踏, 左足於右足前交叉踏

5-8 Repeat counts 1-4 重覆1-4

ENDING: DURING 6th wall (facing back wall) you will complete the first 8 counts. Unwind $\frac{1}{2}$ L to finish facing front wall
第六面牆(面向後面牆), 跳至此, 左繞轉180度面向前面牆結束

第二段 **R Side Rock & Recover, R Behind - $\frac{1}{4}$ - Fwd, L Fwd, Hold, R Ball Walk Fwd 2** 右下沉回復, 後, $\frac{1}{4}$, 前, 前, 候, 併, 走, 走

1-2 Rock R side, recover weight on L 右足右下沉, 左足回復

3&4 Cross step R behind L, turning $\frac{1}{4}$ left step L forward, step R forward (9 o'clock)
右足於左足後交叉踏, 左轉90度左足前踏, 右足前踏(面向9點鐘)

5-6& Step L forward, hold, step R together 左足前踏, 候, 右足併踏

7-8 Step L forward, step R forward 左足前踏, 右足前踏

第三段 **L Fwd Rock & Recover, L Together, R & L Side Touches, L Back Touch, $\frac{1}{2}$ L Unwind, R Fwd Shuffle**
下沉回復, 併, 點收點, 後點 繞轉, 前交換

1-2& Rock L forward, recover weight on R, step L together
左足前下沉, 右足回復, 左足併踏

3&4 Touch R side, step R together, touch L side
右足右點, 右足併踏, 左足左點

5-6 Touch L back, unwind $\frac{1}{2}$ left with on L (3 o'clock)
左足後點, 以左足左繞180度(面向3點鐘)

7&8 Step R forward, step L together, step R forward
右足前踏, 左足併踏, 右足前踏

第四段 **L Fwd Rock & Recover, L Together, R Fwd, $\frac{1}{4}$ L Pivot Turn, R Cross Shuffle, L Side, Hold** 下沉回復, 併, 踏轉 $\frac{1}{4}$, 交叉交換, 側, 候

1-2& Rock L forward, recover weight on R, step L together
左足前下沉, 右足回復, 左足併踏

3-4 Step R forward, pivot $\frac{1}{4}$ left (12 o'clock)
右足前踏, 左軸轉90度(面向12點鐘)

5&6 Cross step R over L, step L side, cross step R over L
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

7-8 Step L side, hold 左足左踏, 候

第五段 **R Together, $\frac{1}{4}$ L & L Fwd, Hold, R & L Dorothy Steps, R Fwd Rock & Recover** 併, $\frac{1}{4}$, 候, 桃樂蒂步-右, 左, 下沉回復

- &1-2 Step R together, turning $\frac{1}{4}$ left step L forward, hold (9 o'clock)
右足併踏, 左轉90度左足前踏, 候(面向9點鐘)
- 3-4& On right diagonal step R forward, lock L behind R, step R slightly forward 右足右斜角踏, 左足於右足後鎖踏, 右足略前踏
- 5-6& On left diagonal step L forward, lock R behind L, step L slightly forward
左足左斜前踏, 右足於左足後鎖踏, 左足略前踏
- 7-8 Rock R forward, recover weight on L 右足前下沉, 左足回復

**第六段 R Full Turn Back, R Coaster Cross, L Side Together, L Fwd Shuffle
轉轉, 海岸步, 左踏併, 前交換**

- 1-2 Turning $\frac{1}{2}$ right step R forward, turning $\frac{1}{2}$ right step L back (9 o'clock)
右轉180度右足前踏, 右轉180度左足後踏(面向9點鐘)
- 3&4 Step R back, step L together, cross step R over L
右足後踏, 左足併踏, 右足於左足前交叉踏
- 5-6 Step L side, step R together 左足左踏, 右足併踏
- 7&8 Step L forward, step R together, step L forward
左足前踏, 右足併踏, 左足前踏

**第七段 R Side Shuffle, $\frac{1}{4}$ L & L Side Shuffle, R Fwd Shuffle, L Fwd Rock & Recover 右交換, 1/4左交換, 前交換,
下沉回復**

- 1&2 Step R side, step L together, step R side
右足右踏, 左足併踏, 右足右踏
- 3&4 Turning $\frac{1}{4}$ left step L side, step R together, step L side (6 o'clock)
左轉90度左足左踏, 右足併踏, 左足左踏(面向6點鐘)
- 5&6 Step R forward, step L together, step R forward
右足前踏, 左足併踏, 右足前踏
- 7-8 Rock L forward, recover weight on R 左足前下沉, 右足回復

**第八段 L Full Turning Shuffles, L Coaster Step, R Kick Ball Cross
轉交換, 轉交換, 海岸步, 踢交換交叉**

- 1&2 Turning $\frac{1}{2}$ left step L forward, step R together, step L forward
左轉180度左足前踏, 右足併踏, 左足前踏
- 3&4 Turning $\frac{1}{2}$ left step R back, step L together, step R back (6 o'clock)
左轉180度右足後踏, 左足併踏, 右足後踏(面向6點鐘)
- 5&6 Step L back, step R together, step L forward
左足後踏, 右足併踏, 左足前踏
- 7&8 Kick R forward, step R back, cross step L over R
右足前踢, 右足後踏, 左足於右足前交叉踏

TAG: At END of wall 4 ADD the following 8 count tag: (you will be facing front wall) 加拍：第四面牆結束後加8拍後面向前面牆

- 1-2 Rock R side, recover weight on L 右足右下沉, 左足回復
- 3&4 Cross step R behind L, step L side, cross step R over L
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
- 5-6 Rock L side, recover weight on R 左足左下沉, 右足回復
- 7&8 Cross step L behind R, step R side, cross step L over R
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
-