Life's A Beach

拍数: 32 　　　 **墙数:** 2 　　　 **级数:** Improver

编舞者: Gail A. Dawson (USA) - May 2015

音乐: Life's a Beach - Heymous Molly

Intro 24 counts

Walk, Walk, Walk, Swivel, Rock, Step, Rock, Step

1-2	Step R forward, step L forward
3&4	Step R beside L, swivel both heels R then L
5&6	Rock L to L, recover R, cross L over R
7&8	Rock R to R, recover R, cross R over L (12:00)

Rock, Syncopated Vine, Rock, Syncopated Vine with ¼ Turn

1-2	Rock L to L, recover R
3&4	Cross L behind R, step R to R, cross Lover R
5-6	Rock R to R, recover L
7&8	Cross R behind L, Turn ¼ L, stepping L forward, Step R forward (9:00)

Touch, Touch, Sailor Step, Touch, Touch, Sailor Step

1-2	Touch L forward, touch L to L
3&4	Cross L behind R, step R to R, step L to L
5-6	Touch R forward, touch R to R
7&8	Cross R behind R, step L beside R, step R to R (9:00)

** Restart Here on 3rd Wall – On Restart – Sailor ¼ turn to 12:00

(Fun Styling Option: During the Sailor Steps, make breast stroke swim motion)

Step, Pivot ½, Step Pivot ¼, L Toe Circle, Step, R Toe Circle, Step

1-2	Step L forward, turn ½ R, stepping R in place
3-4	Step L forward, turn ¼ R, stepping R in place
5-6	Touch L forward, draw counter-clockwise "circle in the sand", Step L next to R
7-8	Touch R forward, draw clockwise "circle in the sand", Touch R next to L (6:00)

** Tag A (8 counts) after Wall 1

1-4	Place hand on each side of head and roll counter-clockwise twice
5&6&	Swivel R toe to R, Swivel R heel to R, Swivel R toe to R, Swivel R heel to R
7-8	Draw R towards L, Touch R next to L

** Tag A+ Add (4 counts Arms) after Wall 7

1-2	Raise R hand over head, raise L hand over head
3-4	Pump both hands over head twice

Contact: Gail A. Dawson – free2bgad@gmail.com

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