

Walking On Fire (走火入魔) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rep Ghazali (SCO) - 2010年06月
音乐: Walking On Fire - Anna Faroe



前奏 : 16 count intro start after the vocal (about 8 sec)

- 第一段 Walk-Walk, Ball-Cross ¼ Turn-¼ Turn, Step-½ Pivot, Right Shuffle Fwd 走-走, 併-1/4交叉-1/4, 踏-轉, 前交換**
- 1-2 walk forward Right, walk forward Left 右足前走, 左足前走
- &3-4 step forward on ball of your Right feet, ¼ turn Left by crossing Left over Right bend both knees slightly (9), ¼ turn Right by stepping forward on Right (12)
右足前踏, 左轉90度左足於右足前交叉踏雙膝略彎(面向9點鐘), 右轉90度右足前踏(面向12點鐘)
- 5-6 step forward Left, ½ pivot turn Right keeping weight on Left (6)
左足前踏, 右轉180度重心仍在左足(面向6點鐘)
- 7&8 step forward Right, step Left together, step forward Right (6)
右足前踏, 左足併踏, 右足前踏(面向6點鐘)

RESTART 6th wall: dance to count 8 then change weight to Left to restart from count 1 facing 12 o'clock wall 第六面牆跳至此將重心轉至左足, 面向12點鐘從頭起跳

- 第二段 Walk-Walk, Ball- Cross ¼ Turn-¼ Turn, Step-½ Pivot, Full Turn Left 走-走, 併-1/4交叉-1/4, 踏-轉, 轉轉**
- 1-2 walk forward Left, walk forward Right 左足前走, 右足前走
- &3-4 step forward on ball of your Left feet, ¼ turn Right by crossing Right over Left bend both knees Slightly (9), ¼ turn Left by stepping forward on Left (6)
左足前踏, 右轉90度右足於左足前交叉踏雙膝略彎(面向9點鐘), 左轉90度左足前踏(面向6點鐘)
- 5-6 step forward Right, ½ pivot turn Left (12)
右足前踏, 左軸轉180度(面向12點鐘)
- 7-8 ½ turn Left by stepping back on Right, ½ turn Left by stepping forward on Left (12) 左轉180度右足後踏, 左轉180度左足前踏(面向12點鐘)

- 第三段 Point-Hold, Ball-Point-Hold, Ball-Step-½ Turn, Back-Touch 點-候, 併-點-候, 併-踏-轉, 後踏-點**
- 1-2 point Right toe to Right side, hold 右足趾右點, 候
- &3-4 step Right together, point Left toe to Left side, hold (12)
右足併踏, 左足趾左點, 候(面向12點鐘)
- &5-6 step Left together, step forward Right, ½ turn Right by stepping back on Left (6) 左足併踏, 右足前踏, 右轉180度左足後踏(面向6點鐘)
- 7-8 step back Right, touch Left across Right
右足後踏, 左足於右足前交叉點

- 第四段 And-Jazz Box Cross, Hold-Ball-Cross, Right Side Chasse 併-爵士方塊交叉, 候-併-交叉, 右追步**
- &1-2 step Left to Left side, cross Right over Left, step back Left
左足左踏, 右足於左足前交叉踏, 左足後踏
- 3-4 step Right to Right side, cross Left over Right
右足右踏, 左足於右足前交叉踏
- 5&6 hold, step slightly back on Right, cross Left over Right (6)
候, 右足略後踏, 左足於右足前交叉踏(面向6點鐘)
- 7&8 step Right to Right side, step Left together, step Right to Right side (6) 右足右踏, 左足併踏, 右足右踏(面向6點鐘)

- 第五段 Rock-Recover-Side, Rock-Recover-¼ Turn, Out-Out, Back-Together 後下沉 回復 左踏, 後下沉 回復 右1/4, 大大小小**
- 1&2 rock Left behind Right, recover on Right, step Left to left side
左足於右足後下沉, 右足回復, 左足左踏

- 3&4 rock Right behind Left, recover on Left, ¼ turn Right by stepping forward Right (9) 右足於左足後下沉, 左足回復, 右轉90度右足前踏(面向9點鐘)
- 5-6 step forward Left and to the Left diagonal, step forward Right and to the Right diagonal 左足左斜前踏, 右足右斜前踏
- 7-8 return and step back on Left, step Right together (回中央)左足後踏, 右足併踏

第六段 Left And Right Diagonal Steps, Step-½ Pivot Turn, Left Shuffle Fwd
左右斜角前鎖步, 踏轉, 前交換

- 1-2& step Left forward to Left diagonal, lock Right behind Left, step Left forward to Left diagonal
 左足左斜角前踏, 右足於左足後鎖踏, 左足左斜角前踏
- 3-4& step Right forward to Right diagonal, lock Left behind Right, step Right forward to Right diagonal
 右足右斜角前踏, 左足於右足後鎖踏, 右足右斜角前踏
- 5-6 step Left forward, ½ pivot turn Right (3)
 左足前踏, 右軸轉180度(面向3點鐘)
- 7&8 step forward Left, step Right together, step forward Left
 左足前踏, 右足併踏, 左足前踏

第七段 Scuff-Step, Touch-Step, Cross Shuffle, Side-Touch
擦踢-右踏, 併點-左踏, 交叉交換, 左踏-併點

- 1-2 scuff forward Right, step Right to Right side
 右足前擦踢, 右足右踏
- 3-4 touch Left together, step Left to Left side
 左足併點, 左足左踏
- 5&6 cross Right over Left, step Left to Left side, cross Right over Left
 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏
- 7-8 step Left to Left side, touch Right together (3)
 左足左踏, 右足併點(面向3點鐘)

RESTART 2nd wall: dance to count 56 then make ¼ turn Right by stepping forward on Right (count 1) to restart facing 12 o'clock wall

第二面牆跳至此, 右轉90度接最前面第1拍右足前走(面向12點鐘), 從頭起跳

第八段 Side-Slide, Ball-Cross-¼ Turn, Full Turn, Step-½ Turn
側-滑, 併-交叉-1/4, 轉轉, 踏轉

- 1-2 large step Right to Right side, slide Left towards Right
 右足右一大步, 左足滑併踏
- 8&3-4 step Left slightly back, cross Right over Left, ¼ turn Left by stepping forward on Left (12)
 左足略後踏, 右足於左足前交叉踏, 左轉90度左足前踏(面向12點鐘)
- 5-6 ½ turn Left by stepping back on Right, ½ turn Left by stepping forward on Left 左轉180度右足後踏, 左轉180度左足前踏
- 7-8 step forward Right, ½ pivot turn Left (6)
 右足前踏, 左軸轉180度(面向6點鐘)
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