

Wild Night (狂野之夜) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Wild Night - John Mellencamp



前奏 : Start: 32-Count Intro 32拍後起跳

第一段 Chasse Right, Rock Recover, Chasse Left, Rock Recover 右追步, 後下沉 回復, 左追步, 後下沉 回復

- 1&2 Step right foot right, Step ball of left next to right, Step right foot right 右足右踏, 左足併踏, 右足右踏
- 3-4 Rock left foot behind right, Recover weight to right foot
左足於右足後下沉, 右足回復
- 5&6 Step left foot left, Step ball of right next to left, Step left foot left 左足左踏, 右足併踏, 左足左踏
- 7-8 Rock right foot behind left, Recover weight to left foot
右足於左足後下沉, 左足回復

第二段 Heel & Heel & Tap, Hold, Heel & Heel & Tap, Hold 踵收踵收 點, 候, 踵收踵收 點, 候

- 1& Touch right heel forward, Replace right foot next to left
右足踵前點, 右足併踏
- 2& Touch left heel forward, Replace left foot next to right
左足踵前點, 左足併踏
- 3-4 Tap right toes next to left instep, Hold 右足趾併點, 候
- 5-8 Repeat last 4 counts 重覆1-4拍

第三段 Step, Point, Cross, Point, Back, Point, Sailor 1/4 Turn 踏 點 交叉 點 後 點 1/4轉水手

- 1-4 Step right foot forward, Point left toes left, Step left foot forward crossing right, Point right toes right
右足前踏, 左足左點, 左足於右足前交叉踏, 右足右點
- 5-6 Step right foot back, Point left toes left 右足後踏, 左足左點
- 7&8 Step left foot behind right, Make 1/4 turn left on ball of left placing right foot next to left, Step left foot forward (9:00)
左足於右足後踏, 左轉90度右足併踏, 左足前踏(面向9點鐘)

第四段 Grind, Recover, Coaster Step, Step & Pop Knee, Hold, Pop, Pop 踵轉, 回復, 海岸步, 踏 膝彈, 候, 膝彈 膝彈

- 1-2 Grind ball of right foot forward, Return weight to left foot
右足前踵轉, 左足回復
- 3&4 Step right foot slightly back, Step left foot next to right, Step right foot forward 右足略後踏, 左足併踏, 右足前踏
- 5&6 Step slightly fwd on left foot and pop left knee forward, Hold
左足略前踏, 左膝彈, 候
- 7-8 Pop right knee forward, Pop left knee forward (Weight the left)
右膝彈, 左膝彈(重心在左足)

第五段 Rock, Recover, Coaster Step, Rock, Recover, Coaster Step 下沉 回復, 海岸步, 下沉 回復, 海岸步

- 1-2 Rock right foot forward, Recover back on left foot
右足前下沉, 左足回復
- 3&4 Step right foot slightly back, Step left foot next to right, Step right foot forward 右足略後踏, 左足併踏, 右足前踏

- 5-6 Rock left foot forward, Recover back on right foot
左足前下沉, 右足回復
- 7&8 Step left foot slightly back, Step right foot next to left, Step left foot forward 左足略後踏, 右足併踏, 左足前踏

第六段 Pivot 1/2, Turn 1/2, Turn 1/2, Rock Fwd, Recover, 1/4 Turn, Touch
踏 轉, 轉 轉, 下沉 回復, 右1/4 併點

- 1-2 Step forward on right foot, Pivot 1/2 turn left stepping forward on left foot 右足前踏, 左軸轉180度
- 3-4 Make 1/2 turn left stepping back on right foot, Make 1/2 turn left stepping forward on left foot
左轉180度右足後踏, 左轉180度左足前踏
- 5-6 Rock forward on right foot, Recover weight to left foot
右足前下沉, 左足回復
- 7-8 Make 1/4 turn right stepping right foot right, Touch left foot next to right foot (6:00) 右轉90度右足右踏, 左足併點(面向6點鐘)

RESTART happens here DURING wall 5. Make sure count 8 is a Step taking the weight rather than a touch 第五面牆跳至此, 將左足併點, 改成併踏後, 從頭起跳

第七段 Triple Back, Triple Back, Rock Back, Recover, Kick Out Out
後交換, 後交換, 後下沉 回復, 踢 外 外

- 1&2 Step left foot back, Step right foot next to left, Step left foot back
左足後踏, 右足併踏, 左足後踏
- 3&4 Step right foot back, Step left foot next to right, Step right foot back 右足後踏, 左足併踏, 右足後踏
- 5-6 Rock back on left foot, Recover forward on right foot
左足後下沉, 右足回復
- 7&8 Kick left foot forward, Step left foot to left side, Step right foot to right side 左足前踢, 左足左踏, 右足右踏

*Variation: If the triple steps are too much of a challenge, replace them with 1&2 3&4可以換成下列舞步

- 1-2 Step left foot back, Touch right toes next to left
左足後踏, 右足併點
- 3-4 Step right foot back, Touch left toes next to right
右足後踏, 左足併點

第八段 Close, Side Rock, Recover, Elvis Knee Pops, Hold
併, 右下沉 回復, 貓王彈膝, 候

- &1 Step left foot next to right foot, Rock right foot to right
左足併踏, 右足右下沉
- 2 Recover weight to left foot, 左足回復
- 3-5 Step right foot home as you pop right knee forward, Pop left knee forward, Pop right knee forward
右足回踏右膝前彈, 左膝前彈, 右膝前彈
- 6-8 Hold (Pose and do your best Elvis) 候3拍(擺個貓王的姿勢)
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