

Cowboy Bop

拍数: 64 墙数: 4 级数: Improver
编舞者: Cindy Burnett (USA) - February 2012
音乐: Bop - Dan Seals



Alt. music:-

Moonlight Feels Right by Starbuck

Live Until I Die by Clay Walker [134 bpm]

PIGEON TOE, HEEL FWD TWICE, TOE BACK TWICE, BOUNCE HEEL TWICE

1-2 Swivel heels apart, swivel heels together (weight to L)
3-4 Touch right heel forward twice
5-6 Touch right toe back twice
7-8 Bounce right heel beside left twice

PIGEON TOE, HEEL FWD TWICE, TOE BACK TWICE, BOUNCE HEEL TWICE

9-10 Swivel heels apart, swivel heels together (weight to R)
11-12 Touch left heel forward twice
13-14 Touch left toe back twice
15-16 Bounce left heel together twice

VINE, CROSS/TOUCH, STEP, CROSS/ TOUCH, STEP, CROSS/TOUCH

17-20 Step right to side, cross/step left behind, step right to side, cross/touch left behind right
21-24 Step left to side, cross/touch right behind left, step right to side, cross/touch left behind right

VINE, CROSS/TOUCH, STEP, CROSS/ TOUCH, STEP, CROSS/TOUCH

25-28 Step left to side, cross/step right behind left, step left to side, touch right behind left
29-32 Step right to side, touch left behind right, step left to side, touch right behind left

STEP, SLIDE, PIGEON TOE

33-34 Step right to side, slide, step left together
35-36 Swivel heels apart, swivel heels together (weight to left)

R K-STEP

37-38 Step right diagonally forward, touch left together
39-40 Step left diagonally back to center, touch right together
41-42 Step right diagonally back, touch left together
43-44 Step left diagonally forward to center, step right together

PIGEON TOE

45-46 Swivel heels apart, swivel heels together (weight to right)

L K-STEP

47-48 Step left diagonally forward touch right together right
49-50 Step right diagonally back to center, touch left together
51-52 Step left diagonally back, touch right together
53-54 Step right diagonally forward to center, step left together

PIGEON TOE

55-56 Swivel heels apart, swivel heels together (weight to right)

R MILITARY TURN, R MILITARY TURN

57-58 Step left heel forward, sharply turn 1/4 right by rolling onto ball of left foot (weight to right)

59-60 Step left heel forward, sharply turn 1/4 right by rolling onto ball of left foot (weight to right)

L MILITARY TURN, HEEL BOUNCE TWICE

61-62 Step right heel forward, sharply turn 1/4 left by rolling onto ball of right foot (weight to right)

63-64 Bounce right heel together twice

REPEAT
