

For A Little While

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate Cha Cha rhythm
编舞者: Vicky St. Pierre (CAN) - April 2015
音乐: For a Little While - Dale Watson : (Album: Carryin' On - 3:17)



Intro: 32 counts - Dance starts on vocals

[1-8 Counts]□

1 2 3 (1) Walk L fwd, (2) Walk R fwd, (3) Walk L fwd □□□□ 12:00
4&5 6 (4&5) Shuffle RLR fwd, □□□□□□□□ 12:00
6 7 (6) Rock L fwd, (7) Make ¼ Left Recovering on R and Sweep L front to back □ 9:00
8& (8) Cross L behind R, (&) Step R next to L □□□□□□ 9:00

[9-16 Counts]

1 2 (1) Step L to left side, (2) Cross R in front of left □□□□□ 9:00
3 (3) Make ½ right stepping L to side and Sweep R front to back □□□ 3:00
4&5 (4) Rock R behind L, (&) Recover on L, (5) Step R to right side □□□ 3:00
6 7 (6) Rock L forward to right diagonal [4:30], (7) Recover R in place □□ 3:00
8& (8) Step L to left side, (&) Step R next to left □□□□□ 3:00

[17-24 Counts]

1 2 & (1) Step L to left w/ Hip roll anti-clockwise, (2) Step R together, (&) Recover L □ 3:00
3 4 & (3) Step R to right w/ Hip roll clockwise, (4) Step L together, (&) Recover R □ 3:00
5 6 (5) Step L to side, (6) Rock R forward to left diagonal □□□□ 1:30
& 7 (&) Recover on L, (7) Rock R back □□□□□□ 1:30
& 8 (&) Recover on L, (8) Step R to fwd □□□□□□□ 1:30

[25-32 Counts]

1 2&3 (1) Pivot ½ left stepping L fwd, (2&3) Shuffle fwd RLR □□□□□ 7:30
4 5 (4) Step L fwd, (5) 3/8 right stepping fwd on R □□□□□ 12:00
6&7 (6) ¼ Right stepping L to side, (&) Step R next to L, (7) Step L to left side □ 3:00
8 (8) ½ Right stepping R forward □□□□□□□ 9:00

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