

Ring Ring

COPPER KNOB
BY SHEETS

拍数: 48 墙数: 4
编舞者: Antida Borg - May 2015
音乐: Ring Ring - ABBA

级数: Intermediate



*2 Tags

#1st on 2nd Wall

##2nd on 5th Wall □

[1 – 8] 2 Kick Ball Change, Twists

1& RF Kick Ball
2 LF Point to side
3& LF Kick Ball
4 RF point to side
5,6,7,8 RF Twist to R, L, R, L

[9 – 16] 2 Chasse, Charleston, Close & Point

1&2 PF Chasse
3&4 LF Chasse turning 1/2
5 RF Step forward
6 LF Kick forward
7 LF Back
8 RF Close to LF with a point

[17 – 24] 2 Side Dips & Point, 3/4 Spot Turn

1 RF to side dip (Hip Bump Action)
2 LF Point to side
3 PWT weight on LF (Hip bump Action)
4 RF Point to side
5-6 RF 3/4 Spot turn ending weight on LF
7 RF Walk forward
8 LF Walk forward

[25 – 32] Point L & R, Close R & L, Swivel 1/2 Turn

1 RF Point L over R
2 RF Point to R side
& RF close to L
3 LF point to Side
& LF close to R
4 RF point to Side
5 RF Step forward
6 Swivel 1/2 Turn to Right
7 LF Step forward
8 Hold

[33 – 40] Points forward with R & L

1 RF Point forward
2 RF close to LF
3 LF Point forward
4 LF Close to RF
5& RF Point Forward & Close to LF
6& LF Point Forward & Close to RF

7& RF Point Forward & Close to LF
8& LF Point Forward & Close to RF

[41 – 48] Walk forward R & L, Monterey 1/2 Turn, Step Lock Step

1 RF Step forward
2 LF Close to RF
3 RF Point to side
4 RF Close to LF, turning 1/2
5 LF Point to side
6 LF Close to RF with a point
7 LF forward step
&8 Lock RF behind LF, LF Forward step

START AGAIN

TAG - OF 16 COUNTS - (Shimmy , Coaster 1/2 Turn)

1-4 Shimmy to R
5 Flick RF over L
6 Flick RF to Right side
7&8 Coaster 1/2 Turn

Shimmy, Flicks & Twists

1 - 4 Shimmy to R
5 RF Heel Forward
6 RF Back Flick , touch with Right Hand
7 RF Heel forward
8 RF Back flick touch with Right Hand

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