

With Your Love (擁有你的愛) (zh)

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Dan McInerney (UK) - 2009年05月
音乐: Superhuman (feat. Keri Hilson) - Chris Brown



前奏: 16 counts from first beat, on vocal (app. 7 secs into track). Start with weight on L foot

- 第一段** **Rock, Recover, Turn Turn Rock And Cross Side, Rock And Step, Step Turn 後下沉回復, 轉轉左下沉回復, 交叉側踏, 後下沉回復, 踏轉**
- 1-2 Rock L back, recover weight forward onto R
左足後下沉, 右足前回復
- &3&4 Making 1/2 R step L back, making 1/2 R step R forward, rock L to L side, step R slightly back
右轉180度左足後踏, 右轉180度右足前踏, 左足左下沉, 右足略後踏
- &5&6& Cross L over R, step R to R side, rock L behind R, recover onto R as you make a 1/4 turn L (09:00)
左足於右足前交叉踏, 右足右踏, 左足於右足後下沉, 右足回復左轉90度(面向9點鐘)
- 7&8 Step L forward, step R forward as you sweep L around, continue sweeping into a 1/2 R (03:00)
左足前踏, 右足前踏左足繞, 右轉180度(面向3點鐘)
- 第二段** **Lift, Step Turn Lift, Walk, Cross And Side Behind Turn Three Quarters 抬, 踏轉抬, 走, 交叉側後轉三個1/4**
- 12& Lift L foot past R, step L forward as you sweep R around, continue sweeping into a 1/2 L (09:00)
左足略併抬, 左足前踏右足繞, 左轉180度(面向9點鐘)
- 3-4 Lift R foot past L, step R forward
左足略併抬, 右足前踏
- 5&6& Rock L across R, recover onto R, step L to L side, rock R behind L
左足於右足前交叉下沉, 右足回復, 左足左踏, 右足於左足後下沉
- 7&8& Making 1/4 R recover weight forward onto L, making 1/4 R step R forward and across L, step L next to R, making 1/4 turn R cross R over L (06:00)
右轉90度左足前回復, 右轉90度右足於左足前交叉踏, 左足併踏, 右轉90度右足於左足前交叉踏
- NOTE: on counts 7&8& you're making a 3/4 turn R with your R crossed over L ready to step L to L side
7&8&可換成可換成右足於左足交叉下沉後轉270度接續下面的左足左踏
- 第三段** **Side, Rock And Side Turn Out Touch Step, Step Turn Step, Quarter Behind 側, 下沉側轉外點踏, 踏轉踏, 1/4 後**
- 12& Step L to L side, rock R behind L, recover weight onto L
左足左踏, 右足於左足後下沉, 左足回復
- 3&4& Step R to R side, making 1/2 turn L step L next to R, step R to R side, tap L next to R (12:00)
右足右踏, 左轉180度左足併踏, 右足右踏, 左足併點(面向12點鐘)
- 5&6& Making 1/4 L step L forward, step R forward, making 1/2 turn L step L next to R (03:00)
左轉90度左足前踏, 右足前踏, 左轉180度左足併踏(面向3點鐘)
- 7&8 Step R forward, making 1/4 R step L to L side, cross R behind L (06:00)
右足前踏, 右轉90度左足左踏, 右足於左足後交叉踏(面向6點鐘)
- NOTE: on the last '&' count when you cross R behind, start the unwind from the next section &拍右足交叉準備開始下一段的轉圈
- 第四段** **Unwind, Spiral, Step, Step Turn Walk, Walk, Step Turn Turn Back 轉圈, 轉圈, 踏, 踏轉走, 走, 踏轉轉後**
- 1-2 Unwind a full turn R on ball of R foot sweeping the L around and across R continuing into 1/4 R as you step onto the L foot (09:00), (count 2) continuing into another full turn R on the ball of L foot (09:00)
重心在右足右繞轉圈(面向9點鐘), 重心在左足右轉圈(面向9點鐘)
- 3&4 Step forward onto R, step L forward, making 1/2 R step R next to L (03:00) 右足前踏, 左足前踏, 右轉180度右足併踏(面向3點鐘)
- 5-6 Step L forward, step R forward 左足前踏, 右足前踏

7&8& Step L forward, make 1/2 turn R (weight ends on R), step L forward, making 1/2 L step R back (03:00)
左足前踏, 右轉180度(重心在右足), 左足前踏, 右轉180度右足後踏(面向3點鐘)

OPTION: if you're uncomfortable with the turns through counts 1, 2 and into 3: (1) making a 1/4 R rock L foot back (09:00), (2) big step forward R, (3) bring L next to R (weight stays on R), continue with 4&
簡易版1-3 右轉90度左足後踏(面向9點鐘), 右足前一大步, 左足拖併重心在右足

TAG: AFTER 2nd wall and 4th wall (facing 06:00 and 12:00), dance the tag and then start the dance again
第二面牆(面向6點鐘)及第四面牆(面向12點鐘)結束加拍後從頭起跳

Rock, Sweep, Sweep, Sweep, Pivot Turn, Rock And Rock And
後下沉, 繞, 繞, 繞, 踏轉, 搖椅步

1,2 Rock L back, step R forward as you sweep L out to L side
左足後下沉, 右足前踏左足繞至前

3,4 Step L forward as you sweep R to R side, step R forward as you sweep L to L side 左足前踏右足繞至前, 右足前踏左足繞至前

5,6 Step L forward, make 1/2 turn R (weight ends on R)
左足前踏, 右轉180度(重心在右足)

7&8& Rock L forward, recover weight onto R, rock L back recover weight onto R 左足前下沉, 右足回復, 左足後下沉, 右足回復

Sweep, Sweep, Sweep, Pivot Turn, Rock And Rock And Rock
繞, 繞, 繞, 踏轉, 搖椅步, 前下沉

1,2 Step L forward as you sweep R to R side, step R forward as you sweep L to L side 左足前踏右足繞至前, 右足前踏左足繞至前

3,4 Step L forward as you sweep R to R side, step R forward
左足前踏右足繞至前, 右足前踏

5&6 Make 1/2 turn L (weight ends on L), rock R forward, recover weight onto L 左轉180度(重心在左足), 右足前下沉, 左足回復

7&8 Rock R back, recover weight onto L, rock R forward (taking all weight onto R) 右足後下沉, 左足回復, 右足前下沉(重心在右足)
