

Night Train To Memphis

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner / Improver
编舞者: Karen Kennedy (SCO) - May 2015
音乐: Night Train To Memphis - Lisa McHugh : (Album: A Life That's Good)



Intro: Start on vocals approx. 16 counts from heavy beat - No Tags Or Restarts

RIGHT & LEFT TOE SWITCHES, RIGHT & LEFT HEEL SWITCHES, ½ PIVOT TURN, ½ TURNING SHUFFLE

1&2& Point right toe to right side, step back in place, point left toe to left side, step back in place
3&4& Touch right heel forward, step back in place, touch left heel forward, step back in place
5 -6 Step forward on right, pivot ½ turn left (6.00)
7&8 ½ turning shuffle left – stepping right, left, right (12.00)

LEFT & RIGHT TOE SWITCHES, LEFT & RIGHT HEEL SWITCHES, ½ PIVOT, ½ TURNING SHUFFLE

1&2& Point left toe to left side, step back in place, point right toe to left side, step back in place
3&4& Touch left heel forward, step back in place, touch right heel forward, step back in place
5 -6 Step forward on left, pivot ½ turn right (6.00)
7&8 ½ turning shuffle right – stepping left, right, left (12.00)

BACK ROCK, RECOVER, RIGHT KICK BALL CROSS, SIDE ROCK, ¼ RECOVER ON LEFT, RIGHT SHUFFLE

1 -2 Rock back on right, recover on left
3&4 Kick right foot/heel forward, step ball of right back in place, cross left over right (Keep kick low)
5 -6 Side rock right to right side, recover on left with ¼ turn left (9.00)
7&8 Step forward on right, close left beside right, step right forward

¾ PIVOT, LEFT CHASSE, BACK ROCK, RECOVER, RIGHT KICK BALL CROSS

1 -2 Step forward on left, pivot ¾ right finishing with weight on right foot (6.00)
3&4 Step left to left side, close right beside left, step left to left side
5 -6 Back rock on right, recover on left
7&8 Kick right foot/ heel forward, step ball of right back in place, cross left over right (6.00) (Keep kick low)

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