

Womaniser (女人玩家) (zh)

COPPER KNOB
BY SPEARS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Maggie Gallagher (UK) - 2008年10月
音乐: Womanizer - Britney Spears



前奏 : Intro: 32 counts (13sec) (Total Song Duration 3m 42s) (CW Direction)

第一段 Touch-Ball-Cross, Back, Side, Left Cross Shuffle, 1/4 Left/ 1/4 Left 點踏交叉, 後, 側, 左交叉交換, 左1/4, 左1/4

- 1&2 Touch left next to right, Step on ball of left in place, Cross right over left (12.00) 左足併點, 左足踏, 右足於左足前交叉踏(12點鐘)
- 3,4 Step back on left, Step right to right side 左足後踏, 右足右踏
- 5&6 Cross left over right, Step right to right side, Cross left over right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- 7,8 1/4 turn left stepping back on right, 1/4 turn left stepping left to left side (6.00) 左轉90度右足後踏, 左轉90度左足左踏(6點鐘)

第二段 Point Right, Hold, 1/4 Right, Point Left, Hold, &Weave Left With 1/4 Left 右點, 候, 右1/4, 左點, 候, 左轉1/4藤步

- 1,2 Point right to right side, HOLD 右足右點, 候
- &3,4 1/4 turn right stepping right beside left, Point left to left side, HOLD (9.00) 右轉90度右足併踏, 左足左點, 候(面向9點鐘)
- &5,6 Step left next to right, Cross right over left, Step left to left side
左足併踏, 右足於左足前交叉踏, 左足左踏
- 7,8 Cross right behind left, 1/4 turn left stepping forward on left (6.00)
右足於左足後交叉踏, 左轉90度左足前踏(面向6點鐘)

第三段 1/4 Left With Hitch, Hip Bumps R,L,R, Side-Touches 左轉1/4抬, 推臀-右, 左, 右, 側點

- 1,2 1/4 turn left hitching right knee in, Step right to right side bumping hips to right side (3.00) 左轉90度右膝抬, 右足右踏右推臀(3點鐘)
- 3,4 Bump hips left, Bump hips right hitching left knee in
左推臀, 右推臀左膝抬
- 5,6 Step left to left side, Touch right next to left 左足左踏, 右足併點
- 7,8 Step right to right side, Touch left next to right
右足右踏, 左足併點

第四段 1/4 Left, 1/4 Left With Hitch, Hip Bumps R,L,R, Touch, Side-Touch 左1/4, 左1/4抬, 推臀-右, 左, 右, 點, 側點

- 1,2 1/4 turn left stepping forward on left, 1/4 turn left hitching right knee in (9.00) 左轉90度左足前踏, 左轉90度右膝抬(面向9點鐘)
- 3,4 Step right to right side bumping hips to right side, Bump hips left
右足右踏右推臀, 左推臀
- 5,6 Step right to right side, Touch left next to right
右足右踏, 左足併點
- 7,8 Step left to left side, Touch right next to left
左足左踏, 右足併點

**第五段 & Step, Step-1/2 Pivot, Step - 1/2 Pivot, Weave Right
踏, 踏轉1/2, 踏轉1/2, 右藤步**

- &1,2 Step right next to left, Step forward on left, 1/2 pivot turn right (3.00) 右足併踏, 左足前踏, 右轉180度(面向3點鐘)
- 3,4 Step forward on left, 1/2 pivot turn right (9.00)
左足前踏, 右轉180度(面向9點鐘)
- 5,6 Cross left over right, Step right to right side
左足於右足前交叉踏, 右足右踏
- 7,8 Cross left behind right, Step right to right side
左足於右足後交叉踏, 右足右踏

**第六段 Touch, Hold, &1/4 Right, Heel Tap, Hold, & Together, Cross, Hold, & Back, Heel Tap, Hold 點, 候,
右1/4, 踵點, 候, 併, 交叉, 候, 後, 踵點, 候**

- 1,2 Touch left next to right, HOLD 左足併點, 候
- &3,4 1/4 turn right stepping back on left, Tap right heel forward, HOLD (12.00) 右轉90度左足後踏, 右足踵前點, 候
- &5,6 Step right next to left, Cross left over right, HOLD
右足併踏, 左足於右足前交叉踏, 候
- &7,8 Step back on right, Tap left heel forward, HOLD
右足後踏, 左足踵前點, 候

**第七段 & Together, Right Jazz With 1/4 Right, Rocking Chair
併, 右轉1/2爵士方塊, 搖椅步**

- & Step left next to right 左足併踏
- 1,2 Cross right over left, Step back on left
右足於左足前交叉踏, 左足後踏
- 3,4 1/4 turn right stepping forward on right, Step left next to right (3.00) 右轉90度右足前踏, 左足併踏(面向3點鐘)
- 5,6 Rock forward right, Recover onto left 右足前下沉, 左足回復
- 7,8 Rock back right, Recover onto left 右足後下沉, 左足回復

**第八段 Right Kick -Out-Out, Funky Right Cross Toe Strut, Left Side Toe Strut, Right Cross Toe Strut 右
踢-外-外, 右交叉趾踵, 左側趾踵, 右交叉趾踵**

- 1&2 Kick forward on right, Step out right, Step out left
右足前踢, 右足右踏, 左足左踏
- 3,4 On slight left diagonal (with attitude) -Cross right toe over left, Drop right heel in place (略向左斜角線)右足趾於左足前交叉點
- 5,6 Side step left toe to left side, Drop left heel in place
左足趾左點, 左足踵踏
- 7,8 Cross right toe over left, Drop right heel in place (3.00)
右足趾於左足前交叉踏, 左足踵踏(面向3點鐘)
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