

Shots

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Mark Simpkin (AUS) & Roxanne Moats - April 2015
音乐: Shots - Imagine Dragons : (3:52)



Dance begins, 9 seconds in with the drums

Notes: There is 2 Restarts on Wall 1 after 32 counts *, Restart on wall 5 after 40 counts **

[1 – 8] R SIDE, REPLACE, SWITCH, L SIDE, REPLACE, L KICK,BALL, STEP, BALL, R SIDE, REPLACE
1,2&3,4 Rock/Step R to R Side, Replace wgt L, Switch/Step R tog, Rock/Step L to L Side, Replace wgt R

5,&,6,&,7,8 L Kick, Step L tog, Step R to R Side, Switch/Step L tog, Rock/Step R to R Side, Replace wgt L

[9- 16] ½ TURNING R SAILOR CROSS, L SIDE, R , REPLACE , L TOG, ¾ R WALK R, L, STEP, BALL, STEP

1,&,2,3,4 Making ½ Turn R Sailor Cross (6.00), Rock/Step L to L Side, Replace wgt R

&,5,6,7,&,8 Switch/Step L tog,(¾ Turn R the next 4 counts)Walk R,L, Step R ,ball L,Step R (Fwd R Samba)(3.00)

[17-24] FWD L SAMBA, FWD R SAMBA,FWD L, ¼ PADDLE TURN X3

1&2,3&4 Slightly Cross L fwd , Step Ball R tog, Step L Fwd, Slightly Cross R fwd , Step Ball R tog, Step L Fwd

5,&6&7&8 Slightly Cross L fwd, Step Fwd on ball of R, ¼ Pivot L wgt L, Repeat 2 more times, (6.00)

[25-32] CROSS R, REPLACE , R SIDE BALL CROS, L SIDE, REPLACE, L TOG, ROLL FULL TURN R

1,2,3&4 Cross/Rock R Over L, Replace wgt L, Step R to R Side, Step L tog, Cross/Rock R Over L,

5, 6,&,7,8 Step/Rock L to L Side, Replace wgt R, Step ball L tog, (travelling to R) Roll Full turn Stepping R,L *

[33-40] STEP R , DRAG L, BALL CROSS, L TO L SIDE, BEHIND, SIDE, CROSS,BALL, CROSS, SIDE L

1, 2,&,3,4 Large Step R to R Side, Hold Dragging L, Step L tog, Cross R Over L, Step L to L Side

5,&,6,&,7,8 Step R Behind L, Step L to L Side, Cross R Over L, Step Ball of L to L, Cross R Over L, Step L to L Side **

[41- 48] REPLACE R, HINGE ½ L, CROSS R, UNWIND ¾, L COASTER, ½ PIVOT, ¾ ROLL

1,2,3,4 Replace wgt R, Hinge ½ Turn L (wgt L)(12.00), Cross /Step R Over L, Unwind ¾ Turn L (wgt R)(3.00)

5,&,6,7,8 L Coaster L,R,L, Making ½ pivot Over R wgt R, (9.00) , Step Fwd on L Making ¾ Turn R (wgt L) (6.00)

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