

Rasputin

COPPER KNOB
STEPSHEETS

拍数: 100 墙数: 1
编舞者: Teng Teng (MY) - April 2015
音乐: Rasputin - Boney M.

级数: Phrased Intermediate



Sequence:

- (1) □ Introduction
- (2) □ A B Tag 1
- (3) □ A B
- (4) □ A Tag 2
- (5) □ A B B

INTRODUCTION

(Drum Beat; start after 2nd count)

- 1 – 2 Bounce on R hip 2X (hands crossed in front at chest level)
- 3&4 Clap hands (3X)

Repeat above steps 4X

- 1 – 2 Bounce on R hip 2X (hands crossed in front at chest level)

(Music starts)

Int[1-8] □ □ STEP TOGETHER STEP FORWARD, STEP TOGETHER STEP BACK

- 1&2 Step R forward, step L beside R, step R beside L (hands outstretched with L up and R down, wrists wiggling slightly)
- 3&4 Step L behind, step R beside L, step L beside R (shift hands to R hand up, L down)
- 5 – 8 Repeat counts [1-4]

Int[9 – 32] □ □ Repeat counts [1-8] 3X

Int[33-48] □ □ CROSS POINT (2X), JAZZ BOX CROSS, CROSS POINT (2X), JAZZ BOX TOUCH

- 1 – 4 Cross R in front, point L to side, cross L in front, point R to side
- 5 – 8 Cross R in front, step L behind, step R to side, cross L in front
- 9 – 12 Repeat counts [1-4]
- 13 – 16 Cross R in front, step L behind, step R to side, touch L beside R

Int[49-64] □ □ WEAVE TO L, WEAVE TO R (CLAP HANDS)

- 1 – 4 Step L to L side, step R behind, step L to side, touch R beside L (clap hands 4X)
- 5 – 8 Step R to R side, step L behind, step R to side, touch L beside R (clap hands 4X)
- 9 – 16 Repeat counts [1-8]

Int[65-80] □ □ BOUNCE ON R, BOUNCE ON L

- 1 – 4 With weight on R (body leaning back slightly), bounce slightly with R hand moving back and forth like playing violin
- 5 – 8 Shift weight to L (body leaning forward slightly) and repeat movement of counts [1-4]
- 9 – 16 Repeat counts [1-8]

PART A (64 COUNTS)

A[1-8] □ □ FORWARD ROCK, BACK COASTER, FORWARD ROCK, BACK COASTER □

- 1 – 2 Step R forward, recover on L
- 3&4 Step R behind, step L together, step R forward
- 5 – 6 Step L forward, recover on R
- 7&8 Step L behind, step R together, step L forward

A[9-16] □□WEAVE TO R, ROLLING VINE TO L

- 1 – 4 Step R to R side, step L behind R, step R to R side, touch L beside R
 5 – 8 ¼ Turn L step L forward, ½ turn L step R behind, ¼ turn step L to side, touch R beside L

A[17-24] □□FORWARD SHUFFLE (4X)

- 1&2 Step R forward, step L behind R, step R forward
 3&4 Step L forward, step R behind L, step L forward
 5&6 Step R forward, step L behind R, step R forward
 7&8 Step L forward, step R behind L, step L forward

A[25 – 32] □□ROCK, RECOVER, ½ TURN R SHUFFLE FORWARD, CROSS POINT (2X)

- 1 – 2 Step R forward, recover on L
 3&4 ½ Turn R step R forward, step L behind R, step R forward
 5 – 8 Point L to side, cross L over R, point R to side, cross R over L

A[33-40] □□SIDE ROCK, SAILOR STEP (3X)

- 1 – 2 Step L to L side, recover on R
 3&4 Step L behind R, step R beside L, step L to L side
 5&6 Step R behind L, step L beside R, step R to R side
 7&8 Step L behind R, step R beside L, step L to L side

A[41-48] □□JAZZ BOX, PIVOT ½ TURN L, STEP FORWARD R, STEP L BESIDE R

- 1 – 4 Cross R in front, step L behind, step R to side, step L forward
 5 – 6 Step R forward, pivot ½ turn L
 7 – 8 Step R forward, step L beside R (12.00)

A[49-56] □□SIDE ROCK, SAILOR STEP (3X)

- 1 – 2 Step R to R side, recover on L
 3&4 Step R behind L, step L beside R, step R to R side
 5&6 Step L behind R, step R beside L, step L to L side
 7&8 Step R behind L, step L beside R, step R to R side

A[57-64] □□JAZZ BOX CROSS, JAZZ BOX TOUCH

- 1 – 4 Cross L in front, step R behind, step L to side, cross R in front
 5 – 8 Cross L in front, step R behind, step L to side, touch R beside L

PART B (36 COUNTS)**B[1-8] □□STEP TOGETHER, SCISSORS CROSS, STEP TOGETHER, SCISSORS CROSS**

- 1 – 2 Step R to R side, step L beside R
 3&4 Step R to R side, step L beside R, cross R in front
 5 – 6 Step L to L side, step R beside L
 7&8 Step L to L side, step R beside L, cross L in front

B[9-16] □□KICK BALL (2X), STEP TOUCH, STEP TOUCH

- 1&2 Kick R diagonally, step on R, step L slightly forward
 3&4 Repeat above
 5 – 8 Step R to R side, touch L beside R, step L to L side, touch R beside L

B[17-32]□□REPEAT COUNTS [1-16]**B[33-36]□□STEP TOUCH, STEP TOUCH**

- 1 – 4 Step R to R side, touch L beside R, step L to L side, touch R beside L

TAG 1 (32 COUNTS)**T[1-8] □□BOUNCE ON R, BOUNCE ON L**

- 1 – 4 Step R to side (body leaning back slightly) and bounce slightly with R hand moving back and forth like playing violin
- 5 – 8 Shift weight to L (body leaning forward slightly) and repeat movement of counts [1-4]

T[9-16] □□REPEAT COUNTS [1-8]

T[17-24]□□STEP TOGETHER STEP FORWARD, STEP TOGETHER STEP BACK

- 1&2 Step R forward, step L beside R, step R beside L (hands outstretched with L up and R down, wrists wiggling slightly)
- 3&4 Step L behind, step R beside L, step L beside R (shift hands to R hand up, L down)
- 5 – 8 Repeat counts [1-4]

T[25-32]□□REPEAT COUNTS [17-24]

TAG 2 (16 COUNTS)

[1-16] □□REPEAT COUNTS [17-32] OF TAG 1

ENDING : Place weight on R, L hand on hip and place R hand close to mouth.

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