

Your Loving Arms

拍数: 28 墙数: 4 级数: High Intermediate
编舞者: Angel Warnars (NL) & John Warnars (NL) - May 2015
音乐: Loving Arms - Juanita du Plessis : (CD: Nashville)



Intro: 16 counts.

Info: Restarts at walls 4, 8 and 9. □□

SIDE & DRAG, L SAILOR STEP, (&) CROSS BEHIND, ¼ TURN L, (&) ½ TURN L, ¼ TURN L & DRAG, CROSS ROCK BACK, (&) RECOVER, ¼ TURN R, (&) ½ TURN R, ½ TURN R, (&) STEP FWD, ROCK (push);

1 RF big side step to right and LF drag next
2&3 LF cross behind RF, RF step to right side, LF step to left side
&4& RF cross behind LF, LF ¼ turn left step forwards (9), RF ½ turn left step backwards (3)
5 LF ¼ turn left big side step and RF drag next (12)
6&7 RF cross rock back, recover back on LF, RF ¼ turn right step forwards (3)
&8& LF ½ turn right step backwards (9), RF ½ turn right step forwards (3), LF step forwards
(* Restart 1)
1 RF rock forwards (push)

RECOVER, (&) 1/4 TURN R, CROSS ROCK (push), RECOVER, (&) SIDE STEP, CROSS STEP, ½ R COASTER CROSS, CROSS STEP, (&) ½ R SIDE STEP, SIDE & DRAG;

2&3 recover back on LF, RF ¼ turn right side step (6), LF cross rock over RF (push)
4& recover back on RF, LV step to left side
5 RF cross step over LF
6&7 LF step backwards, RF step next LF, RF ½ turn right cross step over LF (7:30)
8& RF cross step over LF, LF ½ turn right side step (9) (** Restart 2)
1 RF big side step and LF drag next

CROSS ROCK BACK, (&) RECOVER, ¼ R BACK, (&) CLOSE, ACROSS, (&) SIDE, CROSS ROCK/PUSH, (&) L SWEEP, ½ RUMBA BOX R, ¼ L SAILOR CROSS;

2&3 LF cross rock back, recover back on RF, LF ¼ turn right step back (12)
&4& RF step next LF, LF cross step over RF, RF small step to right side (on ball)
5 LF cross rock over RF (push)
6&7 RF step to right side, LF step next RF (***) Restart 3), RF step backwards
& LF sweep front to back
8&1 LF ¼ turn left cross behind RF (9), RF step next LF, LF cross step over RF

SIDE ROCK & SWAY, RECOVER & SWAY, SIDE STEP, (&) CLOSE;

2 3 RF rock to right side and push hips to right, recover back on LF and push hips to left
4& RF step to right side, LF step next RF

1 RF start again (big side step to right and LF drag next)

Restarts:

In the 4th wall after count 8 &, block 1 *

In the 8th wall after count 8 &, block 2 **

In the 9th wall after count 6 &, block 3 ***

Note, after Restart 3, the music will be slower on count 5 of block 2, dance with the rhythm along.

Finish dance on counts 8&1 (block 2);

RF ½ turn left step back (9), LF ½ turn left step forwards (3), RF ¼ turn left side step and LF drag next (slow).

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