

Beautiful Body

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Guylaine Bourdages (CAN) - January 2015
音乐: If I Said You Have a Beautiful Body - The Bellamy Brothers : (Album: greatest hits vol 1 - deluxe edition)



Intro : 16 counts

[1-7] (Basic Chacha to the right) RF to Right, LF rock Step Forward, Chassé to the left (LRL), RF Rock Step back

1-3 RF to right, Rock Step LF forward, Recover on RF
4&5 Chassé to Left (LF to left, RF beside LF, LF to left)
6-7 RF Rock Step Back, Recover on LF

[8-15] □ Lock Step forward (RLR), LF rock Step Forward (with hip sway) Lock Step forward (LRL), RF rock Step Forward (with hip sway),

8&1 (Lock Step forward RLR) RF Forward, Lock LF behind RF, RF Forward
2-3 Rock Step LF forward, Recover on RF (with hip sway)
4&5 (Lock Step forward LRL) LF Forward, Lock RF behind LF, LF Forward
6-7 Rock Step RF forward, Recover on LF (with hip sway)

[16-23] □ Lock Step forward (RLR), LF forward Step Turn 1/4R, Cross Shuffle , RF Rock Step to right

8&1 (Lock Step forward RLR) RF Forward, Lock LF behind RF, RF Forward
2-3 LF forward (Step turn 1/4 Right) (weight ends on RF) (3H)
4&5 (Cross Shuffle) LF cross in front of RF, RF to right, LF cross in front of RF
6-7 Rock Step RF to right, Recover on LF

[24-32] □ (Back Side Front) RF cross Back, LF Side, RF cross Front, LF Rock Step to L, LF cross Back, RF Side, LF cross Front with 1/4R Walk Forward (R-L), Chassé to the right

8&1 (Back-side-front) RF cross back of LF, LF to left, RF cross in front of LF
2-3 Rock Step LF to left, Recover on RF
4&5 LF cross behind RF, RF to right (with 1/4 R), LF forward (6H)
6-7 Walk forward R-F with 1/4 right (9H)
8& Chassé to right (RF to right, LF next to RF and RF to right (count 1 of the beginning of the dance)

Have Fun !!! We are lucky to have the chance to dance !!!

Contact: www.guylainebourdages.com - www.coachingdanse.com - gbourdages@hotmail.com