

Go 'head (And Get My Name)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Christa Thomas (USA) - April 2015
音乐: Get My Name - Mark Ballas



Intro: 32 Counts

Sequence: 32, 32, 32, 32, 8 Count Tag, 32, 32, 32, 8 Count Tag, 32, 32, 32, 8 Count Ending

[1-8] OUT, OUT, HOLD, WALK, SHUFFLE FWD, ROCK, REC

&1,2,3,4 L Step Slightly To Side, R Step Slightly To Side, Hold, Walk Fwd L -R
5&6,7,8 L Step Fwd, R Together, L Step Fwd, R Rock Fwd, L Recover

[9-17] SHUFFLE BACK, ROCK BACK, REC, PIVOT ¼, DIP, SHUFFLE

1&2,3,4 R Step Back, L Together, R Step Back, L Rock Back, R Recover
5,6,7,8&1 L Step Fwd, Pivot ¼ Turn R, Lean Shoulders Back On L Diagonal, Returning To Upright
Position-R Step Fwd, L Together, R Step Fwd

[18-24] BOUNCE, BOUNCE, BOUNCE, ROCK, REC, COASTER STEP

2,3,4 Feet In Place- Heel Bounces ¼ Turn L, 1/8 Turn L, 1/8 Turn L Ending With Weight On R
5,6,&8 L Rock Fwd, R Recover, L Step Back, R Together, L Step Fwd

[25-32] KICK AND KICK AND STEP, CLAP, HIP, HIP, ROLL L - R

1&2&3,4 Kick R, Home, Kick L, Home, R Step In Place, Clap
5,6,7,8 Bump Hips R- R, Roll Hips L - R

TAG AND RESTART AFTER WALLS 4 & 7

&1,2,3,4 L Step Slightly To Side, R Step Slightly To Side, Walk Fwd L -R
5&6,7,8 L Step Fwd, R Together, L Step Fwd, R Step Fwd, L Touch To R

***ENDING - TURNING TO 12:00 WALL

&1,2,3,4 L Step Slightly To Side, R Step Slightly To Side, Walk Fwd L -R
5&6,7,8 L Step Fwd, R Together, L Step Fwd, R Step Fwd, Pivot ½ Turn L To 12:00

Last Update - 29th May 2015