

Freedom Ride

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Easy Intermediate 2S
编舞者: Iliane Raiza van der Graaf (NL) - April 2015
音乐: Freedom Ride (feat. Paul Kelly) - Troy Cassar-Daley : (CD: Freedom Ride DeLuxe)



Intro: 64 counts

SIDE STEP, TOUCH, SIDE STEP, TOUCH, GRAPEVINE, TOUCH

- 1 step right to the right side
- 2 touch left next to right
- 3 step left to the left side
- 4 touch right next to left
- 5 step right to the right side
- 6 cross left behind right
- 7 step right to the right side
- 8 touch left next to right [12:00]

SIDE STEP, TOUCH, SIDE STEP, TOUCH, 1¼ ROLLING VINE LEFT, HOLD

- 9 step left to the left side
- 10 touch right next to left
- 11 step right to the right side
- 12 touch left next to right
- 13 make ¼ turn left, step forward on left
- 14 make ½ turn left, step back on right
- 15 make ½ turn left, step forward on left
- 16 hold [9:00]

MAMBO STEP FORWARD, HOLD, COASTER STEP, HOLD

- 17 rock forward on right
- 18 recover onto left
- 19 small step back on right
- 20 hold
- 21 step back on left
- 22 step right next to left
- 23 step forward on left
- 24 hold [9:00]

STEP FORWARD, PIVOT ½ TURN LEFT, STEP FORWARD, HOLD, FULL TURN RIGHT, STEP FORWARD, HOLD

- 25 step forward on right
- 26 pivot ½ turn left
- 27 step forward on right
- 28 hold
- 29 make ½ turn right, step back on left
- 30 make ½ draai right, step forward on right
- 31 step forward on left
- 32 hold [3:00]

HEEL, HOOK, HEEL, FLICK, SHUFFLE FORWARD, HOLD

- 33 touch right heel forward
- 34 hook right in front of left

35 touch right heel forward
36 flick right to the right side
37 step forward on right
38 step left next to right
39 step forward on right
40 hold [3:00]

HEEL, HOOK, HEEL, FLICK, SHUFFLE FORWARD, HOLD

41 touch left heel forward
42 hook left in front of right
43 touch left heel forward
44 flick left to the left side
45 step forward on left
46 step right next to left
47 step forward on left
48 hold [3:00]

¼ TURN LEFT SIDE STEP, TOUCH, ¼ TURN LEFT STEP FORWARD, TOUCH, STOMP FORWARD, SWIVEL HEELS RIGHT AND BACK, HOLD

49 make ¼ turn left, step right to the right side
50 touch left next to right
51 make ¼ turn left, step forward on left
52 touch right next to left [9:00]
53 stomp right forward
54 swivel both heels to the right
55 swivel both heels back (weight on left foot)
56 hold

COASTER STEP, HOLD, STEP FORWARD, PIVOT ½ TURN RIGHT, STEP FORWARD, HOLD

57 step back on right
58 step left next to right
59 step forward on right
60 hold
61 step forward on left
62 pivot ½ turn right
63 step forward on left
64 hold [3:00]

RESTARTS:

This dance has 2 easy Restarts:

Dance wall 6 until count 56, start again from the beginning.

Dance wall 8 until count 16, start again from the beginning.

DANCESEQUENCE: 64, 64, 64, 64, 64, 56, 64 16, 64

Contact: www.tennesseeinedancers.com
