

Dancing In Sync

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Anne Herd (AUS) - February 2015
音乐: Syncopated Rhythm - Scooch : (CD: Four Sure - iTunes - 3:38)



Intro: Start on lyrics 32 beats in (approx.15 sec) weight on L - Turning CW (No Tags/ Restarts)

WALK BACK, TOUCH, WALK FORWARD, HITCH

1-2-3-4 Walk back stepping RLR, Touch L beside R
5-6-7-8 Walk forward stepping LRL, Hitch R

STEP, HIP SWAY, ¼ TURN, HITCH, STEP, HIP SWAY, HITCH

1-2-3-4 Step R to side as you bump hips RLR, Turn ¼ R, Hitch L
5-6-7-8 Step L to side as you bump hips LRL, Hitch R

RIGHT AND LEFT SIDE TOGETHER, SIDE TOUCH

1-2-3-4 Step R to side, Touch L beside R, Step R to side Touch L beside R
5-6-7-8 Step L to side, Touch R beside R, Step L to side, Touch R beside L

V STEPS, HEEL TOE, DOUBLE HEEL

1-2-3-4 Step R on the R diagonal, Step L on the L diagonal, Step R back to centre, Step L beside R
5-6-7-8 Touch R heel forward, Touch R toe beside L instep, Touch R heel forward twice

[32]

Begin dance again

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