

Dancing Above The Rainbow

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Rene & Reg Mileham (UK) - April 2015
音乐: Dance Above the Rainbow - Ronan Hardiman : (CD: Michael Flatley's Feet of
Flames)



Music Style: Irish Jig

#16 count intro [117 bpm]

Section 1: Stomp, heel grind, Coaster. Stomp, heel grind, coaster

1 – 2 Stomp Right heel forward, grind heel
3 & 4 Right Coaster step
5 – 6 Stomp Left heel forward, grind heel
7 & 8 Left Coaster step

Section 2: Kickball points x 2 (R,L) 2 Paddles turning ¼ left

1& 2 Kick Right forward, step Right next to Left, point Left out to left side
3 & 4 Kick Left forward, step Left next to Right, point Right out to side (weight on L)
5-6-7-8 Two paddles turning ¼ left 9.00

Section 3: Point & point & point, hold. 2 Paddles turning ¼ left

1& Point Right out to side, step Right next to Left
2& Point Left out to side, step Left next Right
3 – 4 Point Right out to side, hold
5-6-7-8 Two paddles turning ¼ left 6.00

Section 4: Stomp out, out, behind, side, cross. Stomp out, out, behind, side, cross

1 – 2 Stomp Right out, stomp Left out
3 & 4 Cross Right behind Left, step Left to left side, cross Right over Left
5 – 6 Stomp Left out, stomp Right out
7 & 8 Cross Left behind Right, step Right to right side, cross Left over Right.
