

Hold and Cry

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Sometimes When We Touch - Rod Stewart



Intro: 18 count

S1: BASIC NIGHT CLUB, FORWARD, RECOVER, TURN 1/2 RIGHT, FORWARD, RECOVER, BACK, CROSS TOUCH, UNWIND 1/2 LEFT WITH SWEEP, SAILOR STEP WITH SWEEP

- 1-2&3 Step L to side – Rock R close to L but slightly behind – Step L slightly forward – Step R forward (12:00)
4&5 Recover on L – Turn ½ to right step R forward – Step L forward (06:00)
6&7& Recover on R – Step L back – Touch R cross over L – Unwind ½ turn left transfer weight to R and sweep L from front to back (12:00)
8&1 Cross L behind R – Step R to side – Step L forward and sweep R from back to front

S2: SYNCOPATED WEAVE, TURN 1/4 LEFT, ROCK FORWARD, TURN 1/4 LEFT, CROSS OVER, HINGED TURN 1/2 RIGHT, SIDE ROCK, BEHIND, CROSS, SIDE STEP

- 2&3& Cross R over L – Step L to side – Cross R behind L – Turn ¼ left step L forward (09:00)
4&5 Rock R forward – Turn ¼ left – Cross R over L (06:00)
6&7& Turn ¼ right step L back – Turn ¼ right step R to side – Cross L over R – Rock R to side (12:00)
8&1 Rock L behind R – Cross R over L – Step L to side

TAG & RESTART happen here on wall 5, 6 & 7

S3: BASIC NIGHT CLUB, NIGHT CLUB TURN 1/4 RIGHT, SPIRAL TURN 1/2 RIGHT, RUN FORWARD R-L-R, RECOVER, BACK, TURN 1/2 LEFT, TURN 1/4 LEFT

- 2&3 Rock R behind L – Recover on L – Step R to side
4&5& Rock L behind R – Recover on R – Turn ¼ right step L back – Spiral ½ right weight on L (09:00)
6&7& Step R forward – Step L forward – Step R forward – Recover on L
8&1 Step R back – Turn ½ left step L forward – Turn ¼ left step R to side (12:00)

S4: BASIC NIGHT CLUB, SWAY TO R-L-R, SCISSOR STEP, HINGED TURN 1/4 LEFT

- 2&3 Rock L behind R – Recover on R – Step L to side
4&5 Sway to right – Sway to left – Sway to right
6&7& Step L to side – Step R close to L- Cross L over R – Turn ¼ left step R back (09:00)
8& Step L to side – Cross R over L (09:00)

REPEAT

**TAG: End of wall 1, 2 (2X) & 3
SIDE STEP WITH SWAY, SWAY**

- 1-2 Step L to side sway to left – Sway to right

TAG & RESTART:

On wall 5, dance until 16 count + &. Do the 2 count TAG 2X. Then start the dance from the beginning.
On wall 6, dance until 16 count + &. Do the 2 count TAG. Then start the dance from the beginning.
On wall 7, dance until 16 count + &. Do the 2 count TAG. Then start the dance from the beginning.

For Song & Step Sheet please contact: Roosamekto.Nugroho@gmail.com