

Get Me One

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Donna Manning (USA) - April 2015
音乐: Gotta Get Me One of Them (Radio Edit) - Soul Circus Cowboys



#3 Tags - after walls 3, 6 & 8

Sec. 1 (1-8) □ Step Back (w/ body roll), Ball-Step, Step Back – X2

1-2, &3,4 Start body roll as you Step R back toed out, finish body roll top to bottom on count 2, bring ball of L to R, Step R slightly back, Step L back

5-6, &7,8 Repeat 1-4 (12:00)

Sec.2 (9-16) □ Coaster Step, Walk, Walk, Step, Heel Swivels, Back, Hitch

1&2, 3,4,5 Step R back, bring L to R, step R fwd, walk fwd L-R, step L fwd just taking weight to ball of L

6&7&8 Swivel both heels to L, back to center, both heels out to L, back to center taking weight to R, Small hitch w/ L sitting back on R leg (12:00)

Sec. 3 (17-24) □ Step, Point, Step, Point, Step, Ronde ¼ Turn, Cross, Step Back

1,2,3,4 Step L fwd, point R to R side, Step R fwd, Point L to L side

5,6,7,8 Step L fwd, Sweep R back to front as you turn ¼ to L, cross R over L, Step L back (9:00)

Sec.4 (25-32) □ ½ of a Hip Circle R-L, ¼ Turn, Step, ½ Turn, ¼ Turn

1-2, 3-4 Step R to R side as you roll hips to R for 1-2, Roll hips back to L taking weight to L for 3-4

5,6,7,8 ¼ turn R stepping on R, Step L fwd, ½ turn R taking weight to R, ¼ turn R stepping L to L side (9:00)

TAG**** After walls 3,6, & 8

Kick & Touch, Kick & Touch, Heel Switches and Toe Switches

1&2 Kick R fwd, replace R to center, touch L toe back

3&4 Kick L fwd, replace L to center, touch R toe back

5&6& Touch R heel fwd, replace R to center, touch L heel fwd, replace L to center

7&8& Touch R toe to R side, replace to center, touch L toe to L side, replace to center to begin dance w/R

HAVE FUN!!

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