

Latin Crazy (迷人拉丁) (zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: I'm Crazy - DJ Bobo : (CD: Vampires)



前奏 : Intro: Start 64 counts in on the main vocals

第一段 **Right Cross Samba, Left Cross Samba, Cross Side, Sailor 1/4 Turn Right.** 交叉森巴, 交叉森巴, 交叉 侧踏, 水手转1/4

1&2 Cross step R over L, rock L to L side, recover weight to R.
右足於左足前交叉踏, 左足左下沉, 右足回復

3&4 Cross step L over R, rock R to R side, recover weight to L.
左足於右足前交叉踏, 右足右下沉, 左足回復

5-6 Cross step R over L, step L to L side.
右足於左足前交叉踏, 左足左踏

7&8 Making 1/4 turn R cross step R behind L, step L to L side, step R in place. 右轉90度右足於左足後交叉踏, 左足左踏, 右足踏

第二段 **Cross Side, Left Sailor Step, Touch Behind, Unwind 1/2 Turn Right, Left Shuffle Forward.** 交叉 侧踏, 水手步, 後點, 繞轉, 前交換

1-2 Cross step L over R, step R to R side.
左足於右足前交叉踏, 右足右踏

3&4 Cross step L behind R, step R to R side, step L in place.
左足於右足後交叉踏, 右足右踏, 左足踏

5-6 Touch R toe behind L, unwind 1/2 turn R (weight on R).
右足趾於左足後點, 右繞轉180度(重心在右足)

7&8 Shuffle forward stepping L, R, L. 前交換 - 左, 右, 左

RESTART: After 16 counts on 3rd wall; you will face 3 o'clock when you restart the dance 第三面牆面向3點鐘時, 跳至此, 從頭起跳

第三段 **Hip Bumps, 1/4 Turn Hip Bumps, Hip Bumps, 1/4 Turn Hip Bumps.**
推臀, 1/4推臀, 推臀, 1/4推臀

1&2 Step right to right side bumping hips right, left, right
右足右踏推臀-右, 左, 右

3&4 Turn 1/4 left & bump hips left, right, left
左轉90度左足踏推臀-左, 右, 左

5&6 Step right to right side bumping hips right, left, right
右足右踏推臀-右, 左, 右

7&8 Turn 1/4 left and bump hips left, right, left
左轉90度左足踏推臀-左, 右, 左

第四段 **Mambo Forward, Mambo Back, Pivot 1/2 Turn, Step Forward, Long Step Forward, Touch.** 前曼波, 後曼波, 踏轉踏, 大步, 拖併點

1&2 Rock forward on right, recover back on left, step right beside left
右足前下沉, 左足回復, 右足併踏

3&4 Rock back on left, recover on right, step left beside right
左足後下沉, 右足回復, 左足併踏

5&6 Step right forward, pivot 1/2 turn left, step right forward
右足前踏, 左軸轉180度, 右足前踏

7-8 Long step forward with left, drag right to left and touch
左足前一大步, 右足拖併點

第五段 Mambo Forward, Mambo Back, Pivot 1/2 Turn, Right Shuffle Forward
前曼波, 後曼波, 踏轉, 前交換

- 1&2 Rock forward onto right, recover back onto left, step right beside left 右足前下沉, 左足回復, 右足併踏
- 3&4 Rock back onto left, recover forward on right, step left beside right
左足後下沉, 右足回復, 左足併踏
- 5-6 Step forward onto right, pivot 1/2 turn left
右足前踏, 左軸轉180度
- 7&8 Shuffle forward stepping R, L, R 前交換-右, 左, 右

第六段 Step Forward, Step 1/2 Turn, Back Coaster Step, Touch 1/4, 1/4, Kick Ball Step 踏轉, 海岸步, 1/4點, 1/4點, 踢併踏

- 1-2 Step forward left, make 1/2 turn left stepping back onto right
左足前踏, 左轉180度右後踏
- 3&4 Step back on left, close right next to left, step forward onto left
左足後踏, 右足併踏, 左足前踏
- 5-6 Make 1/4 left pointing right toe to right side, make 1/4 left pointing right toe to right side 左轉90度右足趾右點, 左轉90度左足趾右點
- 7&8 Kick right foot forward, step right next to left, step forward onto left 右足前踢, 右足併踏, 左足前踏

第七段 Rock Forward, Recover, Right Shuffle Back, 1/2 Turn Left Shuffle Forward, Step Forward, Touch Behind
下沉 回復, 後交換, 轉交換, 踏, 後點

- 1-2 Rock forward on right, recover on left 右足前下沉, 左足回復
- 3&4 Shuffle back stepping R, L, R 後交換-右, 左, 右
- 5&6 Turn 1/2 left and shuffle forward stepping L, R, L
左180度轉交換-左, 右, 左
- 7-8 Step right forward, touch left toe behind right
右足前踏, 左足趾後點

第八段 Step Back, 2 Count Full Turn Travelling Back, Step Back, Point Side, Step Across, Point Side, Kick
後踏, 轉轉, 後踏, 左點, 交叉, 右點, 踢

- 1 Step left back 左足後踏
- 2-3 Turn 1/2 right and step right forward, turn 1/2 right and step left back (Alternative: Walk Back Right, Left)
右轉180度右足前踏, 右轉180度左足後踏
簡易版: 後走步-右, 左
- 4 Step right back 右足後踏
- 5-6 Point left to left side, cross step left over right
左足左點, 左足於右足前交叉踏
- 7-8 Point right to right side, kick right to right diagonal
右足右點, 右足右斜角前踢

NOTE: On 8th wall facing 3 o'clock the music stops on count 64, keep dancing counts 1&2 3&4 (beginning of the dance) and the song kicks back in on count 5.

第八面牆面向3點鐘結束時, 音樂會暫停, 繼續從頭跳兩個森巴, 音樂就回復

ENDING: You will be facing the front (12 o'clock), dance first six counts, don't turn on the sailor step and on count 8 step long step to right side.

結束: 面向前面牆(12點鐘)方向, 跳第一段, 1/4轉水手不要轉, 改跳水手步, 但最後要右大步結束舞曲
