

Undercover (秘密) (zh)

COPPER KNOB
STYLEDANCE

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK)
音乐: What's Your Name (Radio Mix) - Cosm04



前奏 : 32 Count intro 32拍後起跳

- 第一段** **Left Side Rock. Behind & Step Forward. Forward Rock. Triple Full Turn Right.** 左下沉 回復, 後旁前, 下沉 回復, 右轉圈
- 1 - 2 Rock Left out to Left side. Recover weight on Right.
左足左下沉, 右足回復
- 3&4 Cross Left behind Right. Step Right to Right side. Step forward on Left.
左足於右足後交叉踏, 右足右踏, 左足前踏
- 5 - 6 Rock forward on Right. Rock back on Left.
右足前下沉, 左足回復
- 7&8 Right triple step Full tum Right stepping Right Left. Right.
右三步轉圈-右, 左, 右
- 第二段** **Forward Rock. & Cross. Step Diagonally Back. Back Rock. Right Kick-Ball-Cross.** 下沉 回復 後-鑽 後, 後下沉 回復, 踢-併-交叉
- 1 - 2 Rock forward on Left. Rock back on Right
左足前下沉, 右足回復
- 8&3 Step ball of Left *Diagonally* back Left. Cross step Right over Left.
左足斜角後踏, 右足於左足前交叉踏
- 4 Step Left *Diagonally* back Left.
左足斜角後踏
- 5 - 6 Rock back on Right. Rock forward on Left.
右足後下沉, 左足回復
- 7&8 Kick Right *Diagonally* forward Right. Step ball of Right back to place. Cross step Left over Right.
右足斜角踢, 右足後踏, 左足於右足前交叉踏
- 第三段** **Side Step Right. Drag. & 1/4 Turn Left. 2 x Walks Forward. Right Heel-Ball-Step Forward x 2.**
側大步, 拖併, 1/4併 走走, 踵-收-踏 二次
- 1 ~ 2 *Long* step Right to Right side. Drag Left beside Right. (Weight on Right)
右足右一大步, 左足拖併(重心在右足)
- 8&3 - 4 Make 1/4 turn Left stepping ball of Left beside Right. Walk forward on Right. Walk forward on Left
左轉90度左足併踏, 右足前走, 左足前走
- 5&6 Dig Right heel beside Left. Step ball of Right beside Left. Step forward on Left. 右足踵併點, 右足併踏, 左足前踏
- 7&8 Dig Right heel beside Left. Step ball of Right beside Left. Step forward on Left. (*Facing 9 o'clock*) 右足踵併點, 右足併踏, 左足前踏(面向9點鐘)
- 第四段** **Forward Rock. Right Shuffle 1/2 Turn Right. 1/2 Turn Right. Right Coaster Step. Step Forward** 下沉 回復, 轉 交換, 轉, 海岸步, 踏
- 1 - 2 Rock forward on Right. Rock back on Left.
右足前下沉, 左足回復
- 3&4 Right shuffle making 1/2 turn Right stepping Right Left, Right.
右180度轉交換-右, 左, 右
- 5 Make 1/2 turn Right stepping back on Left.
右轉180度左足後踏
- 6&7 Step back on Right. Step Left beside Right. Step forward on Right.
右足後踏, 左足併踏, 右足前踏
- 8 Step forward on Left. (*Facing 9 o'clock*)
左足前踏(面向9點鐘)

第五段 **Side Rock. Recover 1/4 Turn Left. 2 x 1/2 Turns Left. Step. Pivot 1/4 Turn Left. Right Cross Shuffle.**
側下沉 回復1/4, 轉轉, 踏轉1/4, 交叉交換

1-2 Rock Right out to Right side. Recover on Left making 1/4 turn Left. (*Facing 6 o'clock*) 右足右下沉, 左轉90度左足回復(面向6點鐘)

3 - 4 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left. 左轉180度右足後踏, 左轉180度左足前踏

5 - 6 Step forward on Right. Pivot 1/4 turn Left. (*Facing 3 o'clock*)
右足前踏, 左軸轉90度(面向3點鐘)

7&8 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

****Restart Point****

Restarts: Duncce up to Count 40 (Right Cross Shuffle) of Wall 2 (Facing 6 o'clock) & Wall 4 (Facing 12 o'clock) ... Then Start the dance again from the Beginning.

第二面牆(面向6點鐘), 第四面牆(面向12點鐘), 從頭起跳

第六段 **Chasse 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Side. Behind. & Cross Rock. 追步轉, 踏 3/4, 側, 後-旁-前下沉 回復**

1&2 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left. 左足左踏, 右足併踏, 左轉90度左足前踏

3 - 4 Step forward on Right. Pivot 3/4 turn Left. (*Facing 3 o'clock*)
右足前踏, 左軸轉270度(面向3點鐘)

5 - 6 Step Right to Right side. Cross Left behind Right.
右足右踏, 左足於右足後交叉踏

&7 ~ 8 Step Right to Right side. Cross rock Left over Right Rock back on Right.
右足右踏, 左足於右足前交叉下沉, 右足回復

Tag: End of Wall 5 (*Facing 3 o'clock*) Hip Sways.

加拍: 第五面牆(面向3點鐘) 擺臀

1 - 4 Step Left to Left side Swaying Hips Left. Sway Right. Sway Left. Sway Right. 左足左踏左擺臀, 右擺臀, 左擺臀, 右擺臀
