

Last dance (曲終人散) (zh)

COPPER KNOB
STEPSHETS

拍数: 36 墙数: 2 级数: Improver
编舞者: Phil Carpenter (UK)
音乐: Save the Last Dance for Me - Dolly Parton : (CD: Favourites)



- 第一段** **Point Right To Right, Hitch Right Across Left, Point Right To Right, Hold, Switch & Point Left To Left, Hitch Left Across Right, Point Left To Left, Hold** 右點, 右抬, 右點, 候, 左點, 左抬, 左點, 候
- 1-2 Right Point To Right Side, Hitch Right Across Left Knee.
右足右側點, 右足膝蓋抬起至交叉至左足膝蓋
- 3-4 Right Point To Right Side, Hold 右足右側點, 候
- &5-6 Right Step Beside Left, Left Point To Left Side, Hitch Left Across Right Knee 右足在作足旁踏, 左足左側點, 左足膝蓋抬起至交叉至右足膝蓋
- 7-8 Left Point To Left Side, Hold 左足左側點, 候
- 第二段** **Left Cross Over Right, Unwind ½ Turn Right, Right Shuffle Forward Left Grapevine** 左交叉, 右轉1/2, 右前交換, 左藤步
- 1-2 Left Cross Over Right, Unwind ½ Turn Right.(Weight On Left)
左足交叉於右足前, 右後轉180度(重心左足)
- 3&4 Right Step Forward, Left Step Beside Right, Right Step Forward
(向前交換步) 右足前踏, 左足於右足後踏, 右足前踏
- 5-8 Left Step To Left Side, Right Step Behind Left, Left Step To Left, Right Step Beside Left With Touch
(向左藤步) 左足左踏, 右足在左足後踏, 左足左踏, 右足在左足旁點
- 第三段** **Full Right Rolling Grapevine, Left Step Towards Left Diagonal With Hip Bumps, Left Right Left, Hold**
右旋轉藤步, 左斜角線推臀, 左右左, 候
- 1-2 Right Step Side Right Turning ¼ Right, Turn ½ Turn Right Stepping Back On Left 右足右踏右轉90度, 左足右後轉180度後踏
- 3-4 Turn ¼ Right Stepping Right To Right Side, Left Step Beside Right With Touch 右轉90度右足右側踏, 左足在右足旁點
- 5-6 Left Step Forward Toward Left Diagonal Bumping Hips Forward, Bump Hips Back 左足前踏臀部前推, 再後推
- 7-8 Left Hip Bump Forward, Hold 左臀前推, 候
- 第四段** **Right Step Towards Right Diagonal With Hip Bumps Right Left Right, Hold, Left Step Forward, ½ Pivot Turn Right, ½ Triple Turn Right Shuffle Back**
推臀 右左右, 候, 左前踏, 右轉1/2, 小三步右轉1/2, 後交換
- 1-2 Right Step Forward Toward Right Diagonal Bumping Hips Forward, Bump Hips Back 右足前踏臀部前推, 再後推
- 3-4 Right Hip Bump Forward, Hold 左臀前推, 候
- 5-6 Left Step Forward, ½ Pivot Turn Right 左足前踏, 右後轉180度
- 7&8 ½ Triple Turn Right Stepping Left Right Left, Traveling Back
小3步右後轉180度(左、右、左; 並向後移動位址)
- 第五段** **Right Back, Left Touch Beside Right, Left Forward, Right Touch Beside Left** 右後, 左併點, 左前, 右併點

- 1-2 Right Step Back, Left Touch Beside Right
右足後踏，左足在右足旁點
- 3-4 Left Step Forward, Right Touch Beside Left
左足前踏，右足在左足旁點
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