

The Last Dance

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: The Last Dance - Fredrik Kempe



Start on vocals

SECTION 1: Walk, walk, mambo step, back, back Coaster cross,

1,2 Walk forward R, walk forward L
3&4 Rock forward on R recover L step R together
5,6 Walk back L, walk back R
7&8 Step back of L step R next to L Cross L over R

SECTION 2: Side rock, cross shuffle, ¼, back, coaster step

1,2 Rock R to R side, recover on L
3&4 Cross R over L step on the ball of L cross R over L
5 6 Turn ¼ R stepping back on L, Step back on R
7&8 Step back on L step R together step L forward

SECTION 3: Side rock cross, side rock cross, point, point, chasse

1&2 Rock R to R side recover L cross R over L
3&4 Rock L to L side recover R Cross L over R
5,6 Point R to R side, Point R across Left
7&8 Step R to R side, step L to R, Step R to R side

SECTION 4: Point, point, samba ¼, mambo step, shuffle back

1,2 Point L across R point L to L side
3&4 Cross L over R, Rock R to R side, turn ¼ L recovering on L
5&6 Rock forward on R recover L step R together
7&8 Step L back step R to left step L back

SECTION 5: Back rock, forward rock, back rock forward, forward rock, back rock, left shuffle forward

1&2& Rock back on R recover L, Rock forward R recover L
3&4 Rock back on R recover L Step forward R

Wall 5 Dance up to count 3& on count 4 touch R by L and Restart

5&6& Rock forward L recover R rock back L recover R
7&8 Step L forward step R to left step L forward

SECTION 6: Step ¼, Cross shuffle, half turn, left shuffle

1,2 Step forward R turn ¼ L stepping weight on L
3&4 Cross R over L step onto ball of L Cross R over L
5,6 Turn ¼ R stepping back L Turn ¼ R stepping forward R
7&8 Step forward L step R to left step forward L

Start again

Restart with easy step change on Wall 5