

Vi to datid nu

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Vi To Datid Nu - Cisilia



Start after 8 counts

Side rock Cross (X 2) - Rock forward - Side Rock - Sailor ¼ turn

1 & 2 Rock right foot to right side, recover onto left, step right foot in front of left
3 & 4 Rock left foot to left side, recover onto right, Step left foot in front of right
5 & 6 & Rock forward on right foot and recover on left, Rock to right side and recover on left
7 & 8 Swipe right foot behind left make a ¼ turn right, step left foot to left side, step right foot forward

Hip bumps forward (X 2) - Step ½ turn - Full turn forward

1 & 2 Step left toe forward, push hip up and down taking weight on left
3 & 4 Step right toe forward, push hip up and down taking weight on right
5 - 6 Step forward on left and make a ½ turn right – weight on right foot
7 & 8 ½ turn Step back on left, ½ turn step forward on right, step forward on left

Rock forward, Side Rock - Sailor ¼ turn - Rock forward, Side Rock - Sailor ¼ turn

1 & 2 & Rock forward on right foot and recover on left, Rock to right side and recover on left
3 & 4 Swipe right foot behind left make a ¼ turn right, Step left foot to left side, step right foot forward
5 & 6 & Rock forward on left foot and recover on right, Rock to left side and recover on right
7 & 8 Swipe left foot behind right and make a ¼ turn left, Step right foot to right side, step left foot forward

Kick ball change - Step, Twist ¼ turn, Twist ½ turn - Coaster step - Kick ball change

1 & 2 Kick right foot forward, step ball on right foot beside left, step left foot beside right foot
3 & 4 Step forward on right, twist left heel to right ¼ turn, on ball of right twist right heel a ½ turn right (½ turn total, facing 3.00)
5 & 6 Step left foot back, Step right foot next to left, Step left foot forward
7 & 8 Kick right foot forward, step ball on right foot beside left, step left foot beside right foot

Tag after wall 3 - 4 counts: Side rock Cross (X 2)

1 & 2 Rock right foot to right side, recover onto left, step right foot in front of left
3 & 4 Rock left foot to left side, Recover onto right, Step left foot in front of right

Alternative for Full turn

7 & 8 Run forward on left, run forward on right, run forward on left

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