

Delicado Samba

拍数: 48 墙数: 4 级数: Improver / Intermediate
编舞者: Ilona Tessmer-Willis (USA) - April 2015
音乐: Delicado - Percy Faith & His Orchestra : (2:52)



This Dance can be matched to any Samba. This is a slower song for Improvers. If a 32 count song is chosen: Dance the last 16 counts twice (64 counts) turning ¼ R at the last 8 counts.

Introduction: 8 counts

S1: SAMBA BASICS AKA WHISKS R & L, 1 R SAMBA WHISK WITH 1/2 TURN TO L, 1 FULL SAMBA TURN TO R (OPTION: instead of Full Turn insert a L Whisk)

1a2 Step R to R Side, Ball Step L behind, Step R a little to R (weight on R)
3a4 Step L to L Side, Ball Step R behind, Step L a little to L (weight on L)
5a6 Step R to R Side in a 1/8 L turn, Ball Step L 1/8 turn, Step R 1/4 turn (weight on R)
7a8 L leads Full Turn to Right, (weight on L)

S2: 1/2 TURN TO LEFT USING 2 REVERSE SAMBA BOX STEPS

1a2 R Steps Back, L Step Ball to Side, 1/8 Pivot L, R close next to L
3a4 L Steps Forward, R Step Ball to Side, 1/8 Pivot L, L close next to R
5a6 R Steps Back, L Step Ball to Side, 1/8 Pivot L, R close next to L
7a8 L Steps Forward, R Step Ball to Side, 1/8 Pivot L, L close next to R

S3: CIRCULAR VOLTAS R, 1/2 TURN TO R, CIRCULAR VOLTAS L, 1/2 TURN TO L (OPTION: Full turn to R, then Full Turn To L)

1a2 R turns 1/8 to R side, Ball Step L behind, Step R 1/8 to R side (weight on R)
a3 Ball Step L behind, Step R 1/8 to side (weight on R)
a4 Ball Step L behind, Step R 1/8 to side (weight on R)
5a6 L turns 1/8 to L, Ball Step R behind, Step L 1/8 to L (weight on L)
a7 Ball Step R behind, Step L 1/8 to L side (weight on L)
a8 Ball Step R behind, Step L Toe 1/8 to L side (weight on L)

S4: BOTAFOGOS OR CROSS SAMBAS (R, L, R, L,)

1a2 Step R across L, Ball Step L, Step R to Side (weight on R)
3a4 Cross L over R, Ball Step R, Step L to Side (weight on L)
5a6 Cross R over L, Ball Step L, Step R to Side (weight on R)
7a8 Cross L over R , Ball Step R, Step L to Side (weight on L)

S5: 2 STATIONARY BASIC SAMBAS R & L, 1/2 CORTA JACA

1a2 Step R Back, Step Ball L, Step R Forward (weight on R)
3a4 Step L Back, Step Ball R, Step L Forward
&5 Shift weight to R, Step Back with L for 1 count
a6a7a8 R Ball Step Back, L Steps in Place, R Ball Step Forward, L Steps in Place, R Ball Step Back, L Steps in Place, Recover Weight on L, (Option: L foot can move slightly to the R)

S6: 4 BASIC SAMBA WALKS 1/4 TURN TO R

1a2 R 1/4 turn to R, Ball Step L behind, Recover weight on R
3a4 L Forward, Ball Step R behind, Recover Weight on L
5a6 R Forward, Ball Step L behind, Recover Weight on R
7a8 L Forward, Ball Step R behind, Recover Weight on L

Restart: After wall 4, dance 16 counts, then restart dance
Enjoy dancing the Samba either with this song or any Samba.

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