

Time Of Our Lives

COPPER **KNOB**
BY STEPHENETS

拍数: 32 墙数: 2 级数: Improver
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音乐: Time of Our Lives - Pitbull & Ne-Yo



Introduction : 4x8 counts - NO TAGS, NO RESTARTS

WALK R WALK L – TRIPLE RIGHT FORWARD – ROCK STEP FORWARD LEFT – COASTER STEP □

1-2 Step right forward - step left forward □□□12 o'clock
3&4 Shuffle forward R-L-R
5-6 Rock step forward onto left foot, recover onto right foot
7&8 Left Coaster Step: Step left foot back, step right next to left, step left foot forward

ROCK STEP FORWARD RIGHT – TRIPLE RIGHT BACK – STEP BACK x2 - COASTER STEP

1-2 Rock step forward onto right foot recover onto left foot
3&4 Shuffle backwards – R-L-R
5-6 Step left back (Slightly on L diagonal) step right back (Slightly on R diagonal)
7&8 Left Coaster step: Step left foot back, step right next to left, step left foot forward

CROSS POINT X2 SAILOR STEP SAILOR ¼ left□□□□

1-2 Cross right in front of left, touch left foot to left side
3-4 Cross left in front of right, touch right foot to right side
5-6 R. Sailor step: Cross right foot behind left, Step left to left, Step right to right
7-8 L. Sailor step with a ¼ turn left: Cross right foot behind left, Step left to left, Step right to right
9 o'clock

RIGHT JAZZ BOX - KICK BALL CHANGE - 1/4-LEFT - KICK BALL CHANGE

1-2-3-4 Jazz box right: Cross right in front on left foot, Step left foot back, Step right foot to right side,
Step left foot close to right
5&6 Right Kick-ball change with ¼ turn to left : 6 o'clock
7&8 Right Kick-ball change

DON'T FORGET TO SMILE AND HAVE FUN – PEOPLE MAY BE WATCHING!

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