

The Love On The Pateau

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased Intermediate
编舞者: Flat Guo (CN) & Yanzi Zhang (CN) - May 2015
音乐: Plateau Red (Gaoyuan Hong) by Rongzhongjia



Intro: 20 counts - Sequence : AA-Tag-B-C-A-Tag-B-Tag-B-B(17-32)-Ending

Part A: 32 Counts

A(1-8) Sailor Cross, R Side, Touch side, 1/4 turn L, Full turn L, Rock forward, Recover

1&2 Cross L behind R, Step R to R, Cross L over R
3-4 Step R to R, Touch L toe forward diagonal L(bend L knee, weight on R)
5&6 1/4 turn L Stepping L forward, 1/2 turn L Stepping R back, 1/2 turn L Stepping L forward(9:00)
7-8 Rock R forward(bend body forward), Recover on L with touch R toe forward

A(9-16) Coast step, 1/4 turn R, Full turn R, Rock forward, Recover

1&2 Step R back, Step L together, Step R forward
3-4 1/4 turn R stepping L to L, Touch R toe forward diagonal R(bend R knee, weight on L)
5&6 1/4 turn R Stepping R forward, 1/2 turn R Stepping L back, 1/2 turn R Stepping R forward(3:00)
7-8 Rock L forward(bend body forward), Recover on R with touch L toe forward

A(17-24) Back, Coast step, Forward, 1/2 turn R, Sweep, Together, Cross shuffle

1-2&3 Step L back, Step R back, Step L together, Step R forward
4-5-6& 1/4 turn L with cross L over R, Unwind turn R(12:00), Sweep R front to back, Step L together
7&8 Cross R over L, Step L behind R, Step R forward(12:00)

A(25-32) Coast cross, 1/2 turn, Twist body, Coast step, Pivot 3/4 turn

1&2 Step L back, Step R to R, Cross L over R
3-4 Cross unwind 3/4 turn R(9:00), twist the body to R
5&6 Step R back, Step L together, Step R forward
7&8 Step L forward, Pivot 3/4 turn R, Step L forward (6:00)

Part B(32 Counts):

B(1-8) Night club step, Mambo cross

1-2& Drag R to R, Cross L behind R, Recover on R
3-4& Drag L to L, Cross R behind L, Recover on L
5&6 Rock R to R, Recover on L, Cross R over L
7&8 Rock L to L, Recover on R, Cross L over R(12:00)

B(9-16) Stomp, Turn and hitch(4 times), Turn R Triple, Pivot 1/4 turn R

1&2&3&4& Stomp R, 1/4 turn L with hitch L, Stomp L, 1/4 turn L with hitch R, Stomp R, 1/4 turn L with hitch L, Stomp L, hitch R(3:00)
5&6 1/4 turn R Stepping R forward, 1/8 turn R locking L behind R, 1/8 turn R Stepping R forward(9:00)
7&8 Step L forward, Pivot 1/4 turn R, Step L cross over R(12:00)

B(17-24) Night club step, Mambo cross

1-2& Drag R to R, Cross L behind R, Recover on R
3-4& Drag L to L, Cross R behind L, Recover on L
5&6 Rock R to R, Recover on L, Cross R over L
7&8 Rock L to L, Recover on R, Cross L over R(12:00)

B(25-32) Forward, Forward Mambo, Side, 1/4 turn R triple, Mambo cross

1-2&3 Step forward R, Step L forward, Recover on R, Step L back
4& Step back R, Step L to L
5&6 1/8 turn R Crossing R over L, 1/8 turn R stepping L close to R, 1/8 turn R Stepping R forward(3:00)
7&8 1/4 turn R Rocking L to L, Recover on R, Cross L over R(6:00)

Part C:(32 counts)

C(1-8) Forward, Point, Back, Point

1-2-3-4 Step forward R,L,R, Point L forward
5-6-7-8 Step back L,R,L, Point R forward

C(9-16) Cross, Side, Coast Step, Forward, Pivot 1/2 turn, Coast step

1-2 Cross R over L, Step L to L
3&4 1/4 turn R stepping R back, Step L together, Step R forward
5-6 Step L forward, Step R forward with Pivot 1/2 turn L
7&8 Step L back, Step R together, Step L forward(9:00)

C(17-24) Stomp, Turn and hitch (4 times), Side, Heel dig

1&2&3&4& Stomp R, 1/4 turn R with Hitch L, Stomp L, 1/4 turn R with hitch R, Stomp R, 1/4 turn R with Hitch L, Stomp L, 1/2 turn R with hitch R(12:00)
5-6-7-8 Step R to R, Dig L heel forward diagonal, Step L to L, Dig R heel forward diagonal

C(25-32) Side, Cross, Touch and bend knees

1&2& Step R to R, Cross L over R, Step R to R, Touch L toe diagonal with bend L knee
3&4& Step L to L, Cross R over L, Step L to L, Touch R toe diagonal with bend R knee
5&6& Step R to R, Cross L over R, Step R to R, Touch L toe diagonal with bend L knee
7&8& Step L to L, Cross R over L, Step L to L, Cross R over L

Tag1: (2 counts)

1&2 Step L to L, Hook R diagonal, Step R to R

Remark: On the last one of B, only do 17-32 counts, the 32nd count change: 1/2 turn R stepping R forward(&), Step L cross over R(8)(12:00)

Ending (16 counts):

1-8 Put L hand, then down slowly
9-16 Cross R over L, L hand from R to L, then L to R, draw a Arc, R hand from R to L

Contact: 934997859@qq.com
