

This And That

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Ed Royko (USA) - April 2015
音乐: It's a Little Too Late - Mark Chesnutt



K STEP

- 1-2 Step right foot diagonally forward, touch left toe next to right foot
- 3-4 Step left foot back to original position, touch right toe next to left foot
- 5-6 Step right foot diagonally back, touch left toe next to right foot
- 7-8 Step left foot forward to original position, touch right toe next to left foot

JAZZ BOX/ SHORT WEAVE

- 1-2 Cross right foot over left, step back on left foot
- 3-4 Step right foot in place, step left foot next to right
- 5-8 Cross right foot over left, step left foot to left, cross right foot behind left, step left foot to left

MAMBO

- 1-4 Step right foot forward, step left foot in place, step right foot back next to left, hold
- 5-8 Step left foot back, step right foot in place, step left foot forward next to right, hold

SAILOR ¼ TURN/ SHUFFLE

- 1-4 Step right foot behind left making ¼ turn clockwise, step left foot in place, step right foot in place, hold
- 5-8 Shuffle forward left, right, left, hold

REPEAT
