

A Thousand Winds

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Juilin Chen (TW) & Irene Deng (TW) - April 2015
音乐: One thousand Wind Song (erhu Caoxue Jing)



Intro : 32 Count From The Start of The Track (Approx. 26 Seconds Into Track)

SECTION 1 [1 - 8]: TURN 1/4 LEFT STEP, TURN 1/4 RIGHT TOUCH, FORWARD STEP, POINT, FORWARD POINT, RIGHT POINT, LARGE STEP, DRAG

1- 2 Turn 1/4 left step R forward (1)(9:00), Turn 1/4 right L touch Next R (2)(12:00)

3 - 4 Step L forward(3), point R to right (4)

Hands : Turn Wrists (Before Chest) Counter Clockwise (3), Put Hands Out (Left Hand to Forward, Right Hand to Right Side) (4)

5 - 6 Point R forward (5) , point R to right(6)

Hands : Left Hand Back to Body (Front) (5), Lift Right Hand up (6)

7 - 8 Big Step R to right side(7), Drag L Next R(8) (12:00)

Hands : Let Right Hand Down (Right Side) and Left Hand to Left Side (Hor.) (7), Left Hand and L Drag Back (8)

SECTION 2 [9 - 16] : CROSS, POINT, CROSS, POINT, JAZZ BOX (12:00)

1 - 2 Step L cross over R(1) , Point R to right (2)(12:00)

Hands : Crossing Hands Before Face and Open Hands (1), Put Left Hand on Waist (Left) And Right Hand to Right Side (Hor.) (2)

3 - 4 Step R cross over L (3) , Point L to left (4)

Hands : Crossing Hands Before Face and Open Hands (1), Put Right Hand on Waist (Right) And Left Hand to Left Side (Hor.) (2)

5 - 6 Crossing L over R(5), Back R(6)

7 - 8 1/4 left step L to left side (7)(9:00) , Crossing R over L (8)(9:00)

SECTION 3 [17 - 24]: L TWINKLE , R TWINKLE , CROSS SHUFFLE , SWAY

1 & 2 Step L across R(1), Step R next to L(&), Step L next to R(2),(9:00)

3 & 4 Step R across L(3), Step L next to R(&), Step R next to L(4)

5 & 6 Step L cross R(5), step R next to L(&), step R next to L(6)

7 - 8 Step R to right side(7), Sway hips right , left(8)

SECTION 4 [25 - 32]: TOE TOUCH , TOE SWEEP BACK , TURN 3/4 RIGHT, LOCK FORWARD, ROCK BACK, DRAG

1 - 2 - 3 Toe touch R forward(1), Toe R sweep out turn 3/4 right(2-3)(6:00)

4 & 5 Step R forward (4) , Step L behind R (&), Step R forward (5)

6 & 7 Rock L forward (6), recover R (&) , Big step back L(7)

Hands : Put Hands Forward, Palms up (6&), Hands Sweep to Back (7、 8)

8 Drag R Next to L(8) (6:00)

TAG : End of Wall 5 facing 9 o`clock .

TAG: [1 - 4] : CROSS , TOUCH , CROSS , TOUCH

1 - 2 Cross R over L(1) , Touch L beside R(2)(9:00)

3 - 4 Cross L over R(3) , Touch R beside L(4)

Restart: during Wall 3 after sec.3 facing 9 o`clock and during Wall 7 after sec.3 facing 12 o`clock start again

Dance Finish: Count 32 of wall 10(6:00) to do R unwind 1-1/2 turn left facing "Home

Have fun!!! Happy Dance

Contact – Irene Deng - E-mail: yuanmei40681@gmail.com

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