

Stompin' It

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Harry P. Towle III - April 2015
音乐: Crushin' It - Brad Paisley



Start dancing on lyrics

S1: STOMP, SWIVEL HEELS, STOMP, SWIVEL HEELS, SIDE SHUFFLE, ROCK, RECOVER

1 Stomp right foot (keep weight evenly distributed on both feet)
&2 (On the balls of both feet) Swivel heels out then in
3 Stomp left foot (keep weight evenly distributed on both feet)
&4 (On the balls of both feet) Swivel heels out then in
5&6 Side shuffle to the right (right, left, right)
7-8 Rock back on left, recover to right

S2: 1/4 TURN, 1/4 TURN, CROSS SHUFFLE, ROCK, RECOVER, 1/4 TURN SAILOR

1 Step to the left with a 1/4 turn to the right (3:00)
2 1/4 Turn to the right stepping on right (6:00)
3&4 Cross shuffle right (left over right) (left, right, left)
5-6 Rock to the right stepping on right, recover to left
7&8 Right sailor step with a 1/4 turn to the right (9:00)

S3: KICK STEP TOUCH, KICK STEP TOUCH, SAILOR STEP, 1/2 UNWIND

1&2 Kick left forward, step left together, touch right to the side
3&4 Kick right forward, step right together, touch left to the side
5&6 Left sailor step
7-8 Touch right toe behind left, turn 1/2 turn to the right (weight to right) (3:00)

S4: 1/2 TURN SHUFFLE, 1/2 TURN SHUFFLE, STEP HALF TURN, FULL TURN SHUFFLE

1&2 1/2 Turn shuffle forward (3:00)
3&4 1/2 Turn shuffle forward (3:00)
5-6 Step forward left, 1/2 turn to right (weight to right) (9:00)
7&8 Full turn shuffle down line of dance (9:00)

(Option: On counts 1&2, 3&4 you can shuffle forward down line of dance (3:00))

Contact: harry.towle3@yahoo.com

Last Update – 15th April 2015